

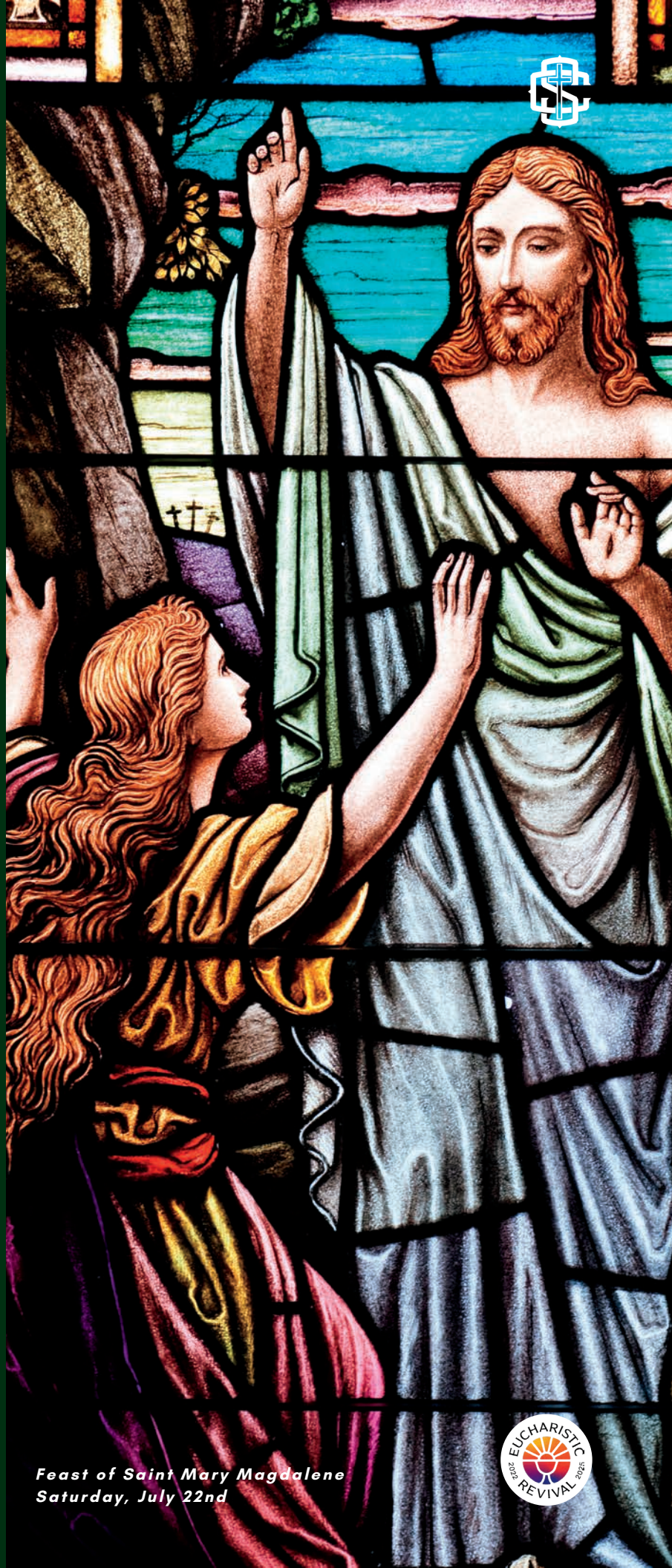
SUNDAY, JULY 16TH
FIFTEENTH SUNDAY IN ORDINARY TIME

ORDINARY TIME

ST. CATHARINE CHURCH

*"I consider that the sufferings of this
present time are as nothing compared
with the glory to be revealed for us."*

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*Feast of Saint Mary Magdalene
Saturday, July 22nd*





The Mass

✚ ***"Do This in Remembrance of Me"*** ✚ **A Step-By-Step Walk Through the Mass**

Fr. Luke Spannagel

Part 6: The Sign of the Cross

"In the name of the Father, and of the Son, and of the Holy Spirit. Amen." Once we have finished the entrance hymn or antiphon at the beginning of Mass, there is a familiar gesture we do at every Mass and frequently with our prayers: we make the Sign of the Cross. Why? As Dr. Edward Sri writes, "The Sign of the Cross is not simply a way to begin praying. It is itself a powerful prayer that is meant to pour out tremendous blessings on our lives. When we make the Sign of the Cross...we enter a sacred tradition that goes back to the early centuries of Christianity, when this ritual was understood to be a source of divine power and protection. In making this sign, we invoke God's presence and invite him to bless us, assist us, and guard us from all harm. It is not surprising that the early Christians made the Sign of the Cross quite often, desiring to tap into the power that lay therein" (A Biblical Walk Through the Mass, p. 17).

Sri goes on to quote the early Christian writer Tertullian (A.D. 160-225), who said, "In all our travels and movements, in all our coming in and going out, in putting on our shoes, at the bath, at the table, in lighting our candles, in lying down, in sitting down, whatever employment occupies us, we mark our foreheads with the Sign of the Cross" (A Biblical Walk Through the Mass, p.17-18).

A Holy Gesture

Since we use the Sign of the Cross so frequently, it is important to recall what a meaning-packed gift it really is. The gesture itself points us to the Cross of Jesus—it reminds us of his saving sacrifice—the place where Jesus gave everything out of love for us to conquer sin and death. The words we say remind us that we have been brought into the life of God: Father, Son, and Holy Spirit. It is important to notice that we pray "in the name" and not "names." Praying in the singular "name" recalls that God is One God in Three Persons. In addition to reminding us of the Trinity and the Cross of Christ, the Sign of the Cross also reminds us of our Baptism, when we were brought into God's family and given a share in the life of God: we are literally baptized "... in the name of the Father, and of the Son, and of the Holy Spirit"! We are

reminded that the Father loved us so much that he sent the Son to save us and that the Holy Spirit was sent to guide us on our way home to heaven. That's a lot of meaning for a little action that only takes a couple of seconds!

When I think of the Sign of the Cross, one of my favorite meditations is imagining how it looks when Our Blessed Mother Mary makes it. I remember hearing a story about how St. Bernadette would sometimes comment to the other sisters that their Signs of the Cross needed more reverence. I was always struck by the thought that St. Bernadette saw Mother Mary make the Sign of the Cross as she followed along with the Rosary beads (during Our Lady's appearance to St. Bernadette at Lourdes). It must have made a powerful impression on her! Although for now we might have to imagine this scene, we can review the classic steps in making the Sign of the Cross in the Roman Rite: using the right hand and touching the forehead (saying: "In the name of the Father"), the middle of the chest (saying: "and of the Son"), the left shoulder (saying: "and of the Holy"), and right shoulder (saying: "Spirit. Amen.")

A Grace-Filled Gift

Like almost anything in our lives, frequent repetition of the Sign of the Cross can sometimes lessen our attention to what we are doing and what it means. However, as we noted, the Sign of the Cross is an incredibly powerful prayer and gesture full of meaning. Next time you are starting a prayer or at Mass, I invite you to pause for a brief moment and really make the Sign of the Cross a true prayer from your heart. Maybe imagine what it looked like when Mother Mary, St. Bernadette, or one of the saints made it. Consider moving your hand and saying the words more slowly. Think about the love Jesus has for you as you trace the shape of the cross. Thank God that you have been given a share in the life of the Trinity through Baptism. What a grace-filled gift the Sign of the Cross truly is!

For Reflection:

1. Reflect on St. Paul's words to the Galatians: "But may I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world" (Gal. 6:14). In what way is the Cross of Christ a reason to "boast"? Consider your current relationship to things of this world. What may need to be crucified in you so that God can reign more fully in your life? Bring this challenge to prayer the next time you make the Sign of the Cross.
2. How do you feel when you make the Sign of the Cross? Confident, foolish, something else? St. Paul explains that "[t]he message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God" (1 Cor. 1:17) and that Jesus "endured the cross, despising its shame, and has taken his seat at the right of the throne of God" (Heb. 12:2). Call to mind the areas in your life where you feel foolish or powerless, and invoke the power of God's name by making the Sign of the Cross.
3. Do you know or work with any children who do not yet know how to make the Sign of the Cross? Hand on the faith by showing someone else how to make the Sign of the Cross prayerfully and reverently.



Source: www.eucharisticrevival.org/blog





Volunteers Needed

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Take your next step...



Ministry in the Liturgy is a sacred privilege in which we offer back to God what He has given us; in service to Him and in service to others.

Whether participation is through "behind the scenes" preparation and planning or through a public role of service within the Mass, parishioner contributions help our liturgies to be truly life-giving celebrations.

Please prayerfully consider joining one of these ministries.

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Extraordinary Minister of Holy Communion

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Hospitality Ministry

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Lector

A lector is the person who proclaims the first or second reading at Mass. This person also may lead the Prayers of the Faithful at Mass (in the absence of the deacon). This ministry in the Church requires a person who is of excellent character and serious about the practice of his or her faith.

The lector must believe that Sacred Scripture is the Word of God and have deep respect for God's presence in that Word.



SIGN UP NOW FOR

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AT ST. CATHARINE

Monday, July 31st - Friday, August 4th, 2023
9:00am - 12:00pm

How did Jesus love people? Children in grades 1-5 are invited to find out! Join us for a fun filled week of games, stories, and music to celebrate God's great mercy and love for each of us.

Sign up now at stcatharine.com! Cost: \$35.00

Questions? toni@stcatharine.com



SIGN UP NOW FOR

Mercy Week service

love like Jesus, feed the hungry. give drink to the thirsty, clothe the naked, shelter the homeless, visit the sick, visit the imprisoned, love like Jesus

Monday, July 31st - Friday, August 4, 2023

9:00am - 12:00pm at St. Catharine

When we love and serve others, we love and serve God. It's going to be a busy week as we serve Sole Hope, Run the Race, the homeless of Columbus, prison ministry, the homebound of our parish, Statewide Services and Outreach - School for the Blind, our parish sandwich ministry, and Mary's Meals! Preparing for Confirmation next year? Come to Mercy Week Service! The week is open only to middle school students who are ready to pray and love like Jesus.

Sign up online at stcatharine.com

Cost - \$35. Space is limited

Questions? toni@stcatharine.com



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Questions? Contact Sarah Mangia, sarahcmangia@gmail.com



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Are you registered at St. Catharine Church?
What are you waiting for?



A NOTE ON PARISH MEMBERSHIP AND THE IMPORTANCE OF BEING REGISTERED

The word parish comes to us from the Jews and references a particular group of pilgrim people. The Church now uses it to denote a particular church community in a diocese, on pilgrimage to the Heavenly Jerusalem. This local parish community is under the care of a pastor who is under the authority of the local bishop. This provides for the mission of the Church - the care and sanctification of the faithful at the parish church and the church's outreach of evangelization and works of mercy in the local area.

By registering at a parish, you are declaring your desire to be part of a Catholic faith community. If you have recently moved to the area or have been worshipping with us for a while, but haven't registered in the parish, please do so soon. Additionally, sometime after a young adult turns 18 and has stability in this (or another) community, he/she should register in the local parish church.

Parish Registration is not a passive process. You may be surprised to learn that if you were married here, if your child attends St. Catharine School, or if you grew up at St. Catharine, for example, you are not automatically registered once you become an adult.

Why should you register at St. Catharine or another Catholic Parish?

- A sense of belonging and identity in a parish community
- It is a commitment to practice your faith
- Registration enables the parish pastor and staff to get to know you better, to welcome you and to better minister to you. This is especially important during a time of sacramental preparation for a child, a time of engagement toward preparing for matrimony, or a pastoral crisis of an illness or death.
- Registration helps you stay connected with your parish and helps your parish stay connected with you. Providing your contact information is important so that parishes provide you with timely updates via email, direct mail, phone, etc. Once you are registered, please notify the parish office of any changes in address or phone number!
- Accurate Census numbers can help aid local parish care and programs within the diocese.

Download the Parish Registration Form at <https://stcatharine.com/parish-registration> or click the QR Code
Drop the completed form at the Parish Office, in the collection basket at Mass, or email to info@stcatharine.com
Not sure if you are registered? Has your information changed?
Call 614-231-4509 or email info@stcatharine.com

SCAN ME



The Next Two Weeks...

Week of July 16th The Fifteenth Week of Ordinary Time

Sunday, July 16th

Fifteenth Sunday in Ordinary Time

8:30am Holy Mass (Donna Seidel)
11:00am Holy Mass (Intentions of Melissa Frederick)
12:00pm Coffee and Donuts!
5:00pm Holy Mass (People of the Parish)

Monday, July 17th

8:00am Holy Mass (Bill Diehl Senior and Junior)
6:30pm Scouts

Tuesday, July 18th

Memorial of St. Camillus de Lellis, Priest

7:00pm Holy Mass (Camillus Musselman)
7:30pm Confessions

Wednesday, July 19th

8:00am Holy Mass (Jimmy Corrova)

Thursday, July 20th

Memorial of St. Apollinaris, Bishop and Martyr

8:00am Holy Mass (Jim Gillilan Jr.)
7:00pm ADORE Night (Confession & Adoration)
8:00pm Women's Holy After Hour

Friday, July 21st

Memorial of St. Lawrence of Brindisi, Priest and Doctor of the Church

8:00am Holy Mass (John Callahan)

Saturday, July 22nd

Feast of St. Mary Magdalene

8:30am Surrender to the Holy Spirit: Women's Retreat
8:30am Holy Mass (Dennis McCarthy)
9:00am Confessions

Offering (Sunday, July 9th)

Total Offering	\$14,274.05
Less 6%	\$856.44
Net	\$13,417.61

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Week of July 23rd The Sixteenth Week of Ordinary Time

Sunday, July 23rd

Sixteenth Sunday in Ordinary Time

8:30am Holy Mass (John Carr)
11:00am Holy Mass (Intention of Clayton Frederick)
5:00pm Holy Mass (People of the Parish)

Monday, July 24th

Memorial of St. Sharbel Makhlūf, Priest

8:00am Holy Mass (Andrew Bowman)
6:30pm Scouts

Tuesday, July 25th

Feast of St. James, Apostle

7:00pm Holy Mass (David Dunn)
7:30pm Confessions

Wednesday, July 26th

Sts. Joachim and Anne, Parents of the Blessed Virgin Mary

7:30am Men's Rosary
8:00am Holy Mass (Ruth Grannan)

Thursday, July 27th

8:00am Holy Mass (Deceased Members of Gallen Family)
7:00pm ADORE Night (Confession & Adoration)

Friday, July 28th

8:00am Holy Mass (John V. Muntean)

Saturday, July 29th

Memorial of Sts. Martha, Mary, and Lazarus

10:00am Pre-Cana Retreat
8:30am Holy Mass (Thomas Fredrick Beck)
9:00am Confessions

Eucharistic Adoration Chapel

Sunday - Friday 6:00am - 12:00am
Saturday 6:00am - 4:00pm

Confession Times

Tuesday 7:30pm
Thursday 7:00pm (ADORE Night)
Saturday 9:00am

The Miracle at *Every* Mass

Jesus makes a miracle happen at every Mass so he can be close to me. What can kids do at Mass? *So much!*



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1. GETTING READY

The Church is Jesus' house, and Jesus is my King. When I get ready for Mass, it's nice to dress up because it is so special to be in the King's house. I make sure I am clean and neat when I go to Mass. I especially make sure I brush my teeth!

2. LISTENING

During the first part of the Mass, we read from the Bible. I ask God what he wants to tell me today, and listen to the stories. God likes to talk to us through his Word. Maybe he has a message for me!



3. MY GIFT FOR JESUS

After the readings, we pass around a basket to collect gifts for the Church and the poor. Grown-ups usually give money, but Jesus wants something even more special from kids. I think of something I can offer Jesus in my heart and imagine my gift going up to the altar with the bread and wine. God is about to do something really amazing with our gifts.



4. THE MIRACLE

When I hear Jesus' words, "This is my body," a miracle happens! God changes the bread and wine into the real Body and Blood of Jesus. The host still looks like bread, but Jesus is there in disguise.



5. JESUS COMES INTO MY HEART

I fold my hands reverently in the Communion line. When I receive Jesus, I thank him for visiting me in this amazing way. While I wait for everyone else to receive communion, this is the perfect time to have a private conversation with Jesus in my heart.