

SUNDAY, FEBRUARY 19TH  
SEVENTH SUNDAY IN ORDINARY TIME

# ORDINARY TIME

ST. CATHARINE CHURCH

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*"Should anyone press you into service for  
one mile, go for two miles.  
Give to the one who asks of you,  
and do not turn your back on one who  
wants to borrow."*

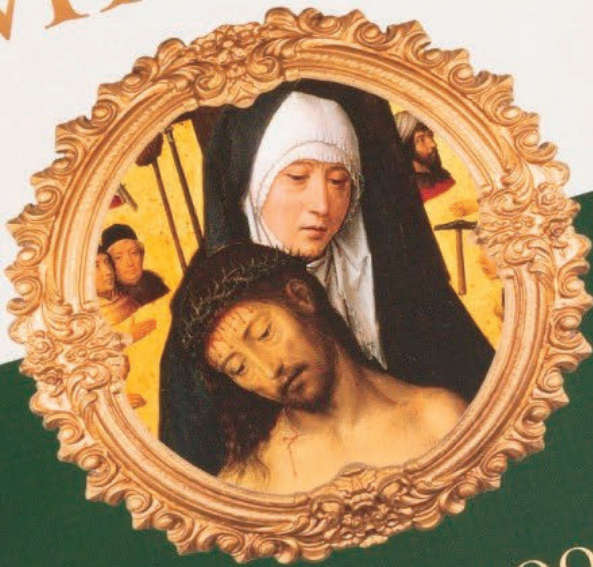
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WWW.STCATHARINE.COM



Wednesday, February 22nd  
Ash Wednesday

# Women at the Well Book Study

## A LENTEN JOURNEY WITH MOTHER MARY



FR. EDWARD LOONEY

SCAN ME



### THREE MEETING OPTIONS

**Tuesdays at 8:00pm**  
Beginning February 28th

**Wednesdays at 8:00am**  
Beginning March 1st  
*Children Welcome at this session*

**Saturdays at 6:30am**  
Beginning February 25th

**\$30 (includes book & refreshments)**

[www.stcatharine.com](http://www.stcatharine.com)

Questions? Emily McFadden • [emilymarieklein@gmail.com](mailto:emilymarieklein@gmail.com)



# DON'T GIVE UP CHOCOLATE THIS LENT\* INSTEAD, DO SOMETHING LIFE-CHANGING GIVE UP YOUR TIME

Lent is the perfect time to form new life-giving habits and abandon old self-destructive habits. But most of us just give up chocolate. Then, when Easter arrives, we realize we really haven't grown spiritually since the beginning of Lent.

Lent is not just about giving things up, like chocolate. Lent is about doing something—something bold to become a better husband or wife, father or mother, son or daughter, friend, neighbor, etc.

**What if this year you gave up your time and gave it to Jesus?**

**What if you spent an hour each week with Jesus in the Eucharistic Adoration Chapel?**

We are very excited to announce that beginning on Ash Wednesday, February 22nd we will be extending Eucharistic Adoration past 9:00pm all the way until 12:00am Midnight on Sundays and all Weekdays.

*To enhance safety, security, and peace of mind, each hour between 9:00pm and 12:00am will have at least one Knight of Columbus present.*

**Pick any time that works for your schedule:**

- Sunday - Friday // 6:00am - 12:00am
- Saturday // 6:00am - 4:00pm

Visit [www.stcatharine.com](http://www.stcatharine.com) or scan the QR code to make a commitment.

**Questions?**

[brendan@stcatharine.com](mailto:brendan@stcatharine.com)

\*You can totally still give up chocolate. We just don't recommend it. 😊



# LIFTING THE VEIL



What Every Catholic Should  
Know About the Mass

---

A three week mini-series on the  
*"Source and Summit"* of the  
Christian faith.

Begins Monday, February 27th  
6:00pm



SCAN ME

[www.stcatharine.com](http://www.stcatharine.com)  
Questions? [mike@stcatharine.com](mailto:mike@stcatharine.com)



HELP US

# FILL A PLATE

FOR OUR NEIGHBORS IN NEED

## WAYS TO HELP

---

**Purchase items** on the suggested list, double bag them in paper bags, and place them on top of the wooden collection boxes at the Church entrances. You can make a bag of the essential items or purchase multiple quantities of individual items.

**Make a donation** to the St. Vincent de Paul Society and we will purchase the food to give to the needy. Please put your donation in an envelope marked "SVDP Fill a Plate" and place it in the collection basket or mail/drop at the Church office any time.

**Bags and donations will be accepted throughout Lent all the way until Easter Sunday!**

## SUGGESTED ITEMS

- 2 cans complete meals with meat
- 2 cans tuna
- 2 cans beans (baked, kidney, etc.)
- 2 cans soup
- 2 cans fruit
- 1 can spaghetti sauce
- 1 box pasta
- 1 box rice
- 2 boxes Mac and Cheese
- 1 box cereal
- 1 jar peanut butter
- 2 cans vegetables

## ALSO NEEDED

- small bottles of oil
- small bags of flour and sugar

NO GLASS

POP TOP CANS PREFERRED



St. Catharine



Knights of Columbus

# FISH FRY DAYS

**are back!**

**FEB 24 • MAR 10 • MAR 24**

**5:00-7:30PM DINE-IN & DRIVE-THRU**

## ALL YOU CAN EAT!

- ♦ *Fried Perch* ♦ *Baked Cod*
- ♦ *Fries* ♦ *Mac & Cheese*
- ♦ *Cole Slaw* ♦ *Apple Sauce*
- ♦ *Roll & Butter*

**FREE** Lemonade, Water & Coffee

*Desserts Provided By:*

**2/24**

**3/10**

**3/24**

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**BEER & WINE-\$5**  
**DRIVE-THRU**  
**SIDES-\$5**



**Sign Up! Volunteers Receive Free Meal Coupon at Check-In!**

# LENTEN FASTING & ABSTINENCE



## Fasting

Ash Wednesday  
Good Friday

Ages 18-59

## Abstinence

Every Friday  
during Lent

Ages 14+

## How do we fast?

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

## Am I excused from fasting and abstinence?

Those that are excused from fast and abstinence outside the age limits include the **physically or mentally ill** including individuals suffering from **chronic illnesses** such as **diabetes**. Also excluded are **pregnant or nursing women**.

For more information on fasting and abstinence, visit [usccb.org](http://usccb.org).



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THE 20TH ANNUAL

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## **D.O.Y.M.A.R. Discipleship Prayer Group** **for Girls and Young Women**

Join the Daughters of Holy Mary of the Heart of Jesus for prayer, formation and community as **Prayerful Marian-Apostolic Disciples of the Redemption!**

SATURDAY, FEBRUARY 25th, 2023: girls 1st-10th grade, 10 a.m. – 1:30 p.m.  
(beginning with Holy Mass open to families)

**Pre- Eucharistic Girls: 1st-2nd grade girls** (Bring a lunch, journal and colored pencils.)

**Eucharistic Girls: 3rd-5th grade girls** (Bring a lunch, journal and colored pencils.)

**Traveling Teens: 6-10th grade girls** (Bring a lunch, Bible and journal.)

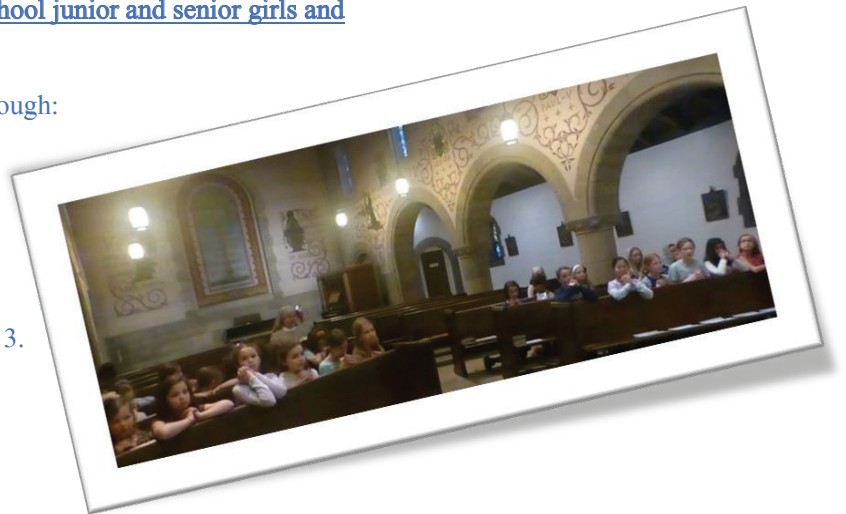
FRIDAY, FEBRUARY 24th, 2023: high school junior and senior girls and college-aged young women, 7-9 p.m.

Come to know the Lord in a deeper way through:

- a talk by one of the Sisters
- guided prayer and adoration
- fellowship as a community
- crafts for the younger girls

**LOCATION:** St. Therese Shrine  
5277 E. Broad Street, Columbus, Ohio 43213.

To RSVP or for more information  
contact the Sisters at 614-986-7007  
or email [columbus@hsmcj.org](mailto:columbus@hsmcj.org)





## WOMB TO TOMB DRIVE

*Please help support women rescued from human trafficking by donating clothing and toiletries to be given to Out of Darkness Ministries!*

**Sunday, February 26th**  
*After all Masses*

## ITEMS NEEDED

### Hygiene Products

*\*full size accepted*

- shampoo
- conditioner
- body wash
- deodorant
- lotion
- hairbrush

### Clothing

*\*new or gently used*

- jeans
- leggings
- t-shirts
- sweatshirts
- tennis shoes
- boots

\*Please drop off all\* items by large donation box in the parish hall atrium.

**Thank you for helping  
Womb to Tomb  
support life!**



*If you would like to learn more about Out of Darkness please scan the QR code.*





**St. CATHARINE**  
ATHLETICS

## **2023 Boys and Girls Spring Sports Registration Grades 1-8**

**Please sign-up early! Coaches are needed!**

**Register on-line at:**  
[www.stcatharineathletics.com/formsregistration](http://www.stcatharineathletics.com/formsregistration)

**Pay on-line at:**  
[www.stcatharineathletics.com/payment](http://www.stcatharineathletics.com/payment)

**Registration Deadline: February 27th, 2023**

**Participation for Baseball and Track & Field begins at 4th grade.**

**Participation for Boys LAX begins at 1st grade.**

**Participation for Girls LAX begins at 3rd grade.**

**Baseball, Boys & Girls LAX (3rd-8th) Participation Fee : \$125**

**Boys LAX (1st-2nd) Participation Fee: \$75**

**Track & Field Participation Fee: \$55**

Baseball and Track & Field Commissioner: PJ Keiffer

Phone: 614-668-0134

Email: pkeiffer@gmail.com

Boys LAX Commissioner : Bill Butler/Nathan Allwein

Phone: 317-313-5809/614-557-5871

Email: wbutler@att.net/n88te@yahoo.com

Girls LAX Commissioner: Heidi Thompson and Cathy Daley

Phone: 614-506-5152/614-5641-9222

Email: heidithompson522@gmail.com/catharineallwein@gmail.com

*Note: A minimum of one parent per household is required to attend PACT, Parent Class (one time only) in order for a child to participate in the athletics program at St. Catharine. Please contact Paul Keiffer at pkeiffer@gmail.com or at 614-668-0134 for additional information.*

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# F A S T I N G

celebrate the feasting and fasting of our Catholic Faith with your family throughout Lent

## 2/21 Mardi Gras

This is a day of fun before the fasting of Lent. Whether it's Packzi, King Cake, or something else, choose your way to feast before the fast.

## 2/22 Ash Wednesday

Receive ashes at Mass today as a sign that we want to walk humbly with the Lord. Write down your commitments to prayer, fasting, and almsgiving, the three pillars of Lent.

## Lenten Fridays

Meat-free Friday? Come to St. Catharine for the fish fry and take your family to Stations of the Cross at 7:30pm in the church. Confessions will be heard immediately after.

## Living Lent as a Family

Have children help prepare a prayer space in your home with a purple cloth, crucifix, and prayer cards. Decorate a candle and light it when your family prays. Add a cactus to your dinner table to remember Jesus' time in the desert. See how many squares of Lenten Family BINGO (in this bulletin) you can do together!



Christ in the Wilderness - Ivan Kramskoi

## 2/22 Ash Wednesday

Why do we receive dust (ashes) on our foreheads to mark the beginning of Lent? Wearing ashes is a way for us to humble ourselves before God and show that we are willing to make a change in our lives. The Church gives us physical reminders (sacramentals) like blessed ashes, palms, candles, holy images, holy water, and crucifixes to help us sanctify daily life. The ashes are really for our benefit because God already knows what is in our hearts. Wearing ashes on our foreheads reminds us to turn our hearts toward God.

Go to Mass together today and observe this day of fasting and abstinence. Talk with your family about what you will "give up" for the forty days of Lent. Sure, you could give up chocolate or soda, but you could also give up video games, snoozing your alarm, or listening to music in the car. Also consider what your family could "take up" during Lent. Pray a morning prayer before you begin your day, add Eucharistic Adoration or a daily Mass during the week. Add the Stations of the Cross devotion on Fridays. There are many beautiful ways to grow in Faith during Lent. We've also created a Lenten playlist for you - scan the Spotify QR code to listen. >



# Lenten Family B I N G O

Can you complete all the squares?

Visit an elderly friend or neighbor who doesn't get many visitors.	Pray for someone preparing to enter the Church at the Easter Vigil.	Go with your family to a weekday Mass.	Fast: Give up television and screens for a day. Play games after dinner instead.	Give: Shop together and donate a bag of food to St. Vincent DePaul at St. Catharine.
Fast: Limit texting today, only calls to communicate!	Make a prayer space in your home.	Pray for Ben VanBuren, our seminarian from St. Catharine.	Make homemade pretzels, a traditional Lenten food. Share them with a neighbor.	Pray for good things for someone who has been unkind to you.
Pray for someone preparing for First Communion or Confirmation.	Give: Surprise someone by doing a task or chore that they normally do.	Plan a simple meal and talk as a family about how to help the hungry.	Not just Friday: have an additional meatless day one week during Lent.	Pray the rosary (or even a decade) as a family.
Memorize a prayer that you don't already know by heart.	Send a card or note of encouragement to a priest or member of a religious community.	Fast: Give up soda or sweet drinks for a day.	Give: Donate something that you like to someone in need.	Thank someone who has been a good influence in your life.
Clean up a mess someone else made (without complaining).	Volunteer your time to help at St. Catharine Church or school	Fast: Give up snacks for a day.	Make an almsgiving box and collect change throughout Lent to donate. (Or use a CRS Rice bowl!)	Pray the Stations of the Cross.
Light a candle at church, add an intention to the book of prayers, and pray for that person together.	Get to know someone better today. Ask good questions and really listen.	Help someone at home with a chore they are doing.	Learn the "Prayer Before a Crucifix" - Look down upon me good and gentle Jesus, ...	Go to Eucharistic Adoration together.
Fast: Give up sweets for a day.	Genuinely compliment someone who isn't expecting it!	Pray for an increase in religious vocations.	Call your grandparents or send them a letter.	Pray for Pope Francis.
Pray for people who are sick or hungry.	Pray the Divine Mercy Chaplet	Read about Jesus' passion in the Bible - John 18-19:42, Mark 14:32-15:47, Luke 22:47-23:49	Make hot cross buns - sometimes called Good Friday buns.	Mercy Square FREE! 

# Take your next steps.

For a complete listing of ministries, sacraments, and next steps please visit [www.stcatharine.com](http://www.stcatharine.com)

## Baptism

Baptism is necessary for salvation, and the basis of the whole Christian life. If you are interested in baptizing your child, or being baptized yourself, please complete the inquiry form at [www.stcatharine.com/baptism](http://www.stcatharine.com/baptism) Baptisms at St. Catharine typically take place on Sunday following the 11:00 am Mass.

## First Communion and First Confession for 2nd Grade

The forgiveness of sins committed after Baptism is conferred by a particular sacrament called the sacrament of Confession or Reconciliation, and the Eucharist is rightly called "the source and summit of the Christian life." First Confession for 2nd grade students typically takes place in the late Winter, and First Communion in the late Spring. Questions? [toni@stcatharine.com](mailto:toni@stcatharine.com) or [www.stcatharine.com/first-confession-communion](http://www.stcatharine.com/first-confession-communion)

## Becoming Catholic and Confirmation for Adults

Are you or someone you know interested in becoming Catholic? Or do you have questions about how someone becomes Catholic or gets Confirmed as an adult? Contact Mike Denz, and he will answer any questions you have to help you take your next step: [mike@stcatharine.com](mailto:mike@stcatharine.com)

## Men's Ministry

**That Man is You!** // TMIY begins Saturday, September 10th and runs through April. Saturdays 7:00am-8:30am in the Parish Center. TMIY addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. Breakfast served. No sign up. Just show up. Questions? Paul Wills • [pkawills7@gmail.com](mailto:pkawills7@gmail.com)

## Children's and Family Ministry

**Catechesis of the Good Shepherd** // CGS registration is now open for parish children in Pre-K through 1st Grade. Wednesday is full, but we still have room in our Sunday session. Interested in donating to the atrium? Visit [www.stcatharine.com/cgs](http://www.stcatharine.com/cgs) to see our wishlist or to register for 2022-2023. Interested in assisting? Reach out to Rachel Green • [rgreen2@cdeducation.org](mailto:rgreen2@cdeducation.org)

**Knights of Columbus** // K of C Council #11354 plays a special role in our parish, and our community. We might be best known for our Lenten Fish Frys (the best in town!) and other meal events, but as a STAR COUNCIL, we are bunch of spirit-filled, busy men whose efforts have made us a part of the fabric of the parish ministry. Questions or do you want to join? Grand Knight, John Page • [john@pagetechltd.com](mailto:john@pagetechltd.com) or [www.koc11354.org](http://www.koc11354.org)

**Little Saints** // 1st Tuesdays at 9:00am in the Lower Level during the School Year. A time of music, activities, and prayer for mothers and their little ones. No sign up. Just show up. Begins September 13th, 2022! Questions? Heidi Thompson • [heidithompson522@gmail.com](mailto:heidithompson522@gmail.com)

**Men's Rosary** // Last Wednesdays of the Month at 7:30am in Church

## Confirmation for 8th Grade Students

Every baptized person not yet confirmed should receive the sacrament of Confirmation. Baptism, the Eucharist, and Confirmation together constitute the sacraments of Christian initiation, and reception of the sacrament of Confirmation is necessary for the completion of baptismal grace. Confirmation for 8th grade students typically takes place in the late Spring at St. Catharine. Questions? Toni Carmon • [toni@stcatharine.com](mailto:toni@stcatharine.com) or [www.stcatharine.com/confirmation](http://www.stcatharine.com/confirmation)

## Women's Ministry

**Holy After Hour** // Don't limit Holy to an Hour. Happiness and holiness go hand in hand, and as a community of women at St. Catharine, we want to dive into both, together! Join us on Third Thursdays at 8:00pm after ADORE (7pm-8pm) for friendship, conversation, drinks, and a short reflection. No sign up. Just show up. Questions? Amber DeMatte • [amber.dematte@gmail.com](mailto:amber.dematte@gmail.com)

**Women at the Well** // Women at the Well is for all women ages 18 and older who are looking for an opportunity to start, deepen, or renew their relationship with Jesus. We will connect with Jesus and other women in the parish through coffee, prayer, and small groups. There is no sign up. Simply come as you are. Join us on First Saturdays from 6:30am-8:00am in the Parish Center. Questions? Elyse Salisbury • [ehueckel@gmail.com](mailto:ehueckel@gmail.com)

## Eucharistic Adoration Chapel

Everyone is invited to spend time with Jesus at our Adoration Chapel. Committed Adorers commit to adoring Jesus for a specific hour once a week at the same time. These Adorers enable us to have Eucharistic Adoration for any and all persons wanting to make a shorter visit to be with Jesus. To make a commitment visit [www.stcatharine.com/adoration](http://www.stcatharine.com/adoration)

**Beginning Ash Wednesday, February 22, 2023** we will be extending Adoration until 12am Midnight Sunday through Friday. To enhance safety, security, and peace of mind, each hour between 9:00pm and 12:00am will have at least one Knight of Columbus present. Questions? Brendan O'Rourke • [brendan@stcatharine.com](mailto:brendan@stcatharine.com)

## Youth Ministry

**High School Youth Group** (9th-12th) will meet every Sunday from 6pm-8pm beginning on Sunday, September 11th.

**Middle School Youth Group** (6th-8th) meet on 1st Sundays of the month from 6pm-8pm in the Parish Hall.

You can reach our new Full Time Youth Minister, Christiana Lee, at [christiana@stcatharine.com](mailto:christiana@stcatharine.com)



# The Next Two Weeks...

## Week of February 19th The Seventh Week of Ordinary Time

### Sunday, February 19th

Seventh Sunday in Ordinary Time

- 8:30am Holy Mass (Corrova and Kirbride Family)
- 9:30am Catechesis of Good Shepherd
- 11:00am Holy Mass (Dennis McLoughlin)
- 5:00pm Holy Mass (People of the Parish)
- 6:00pm High School Youth Group

### Monday, February 20th

No School: Presidents' Day

- 8:00am Holy Mass (Janet Gallen)
- 6:30pm Scouts

### Tuesday, February 21st

Memorial of St. Peter Damian, Bishop and Doctor of the Church

- 9:00am Storytime with Jesus
- 7:00pm Holy Mass (Joy Babbitt)
- 7:30pm Confessions

### Wednesday, February 22nd

Ash Wednesday

- 7:30am Men's Rosary
- 8:00am Holy Mass ("Peggy" Williams)
- 8:00am Catechesis of Good Shepherd
- 10:00am School Mass (Edward and Mary Isabelle Lyons)
- 7:00pm Holy Mass (People of the Parish)
- 8:00pm Confessions

### Thursday, February 23rd

Memorial of St. Polycarp, Bishop and Martyr

- 8:00am Holy Mass (Mary Lyons)
- 7:00pm ADORE Night (Confession & Adoration)

### Friday, February 24th

- 8:00am Holy Mass (Jack Knauer)
- 2:00pm School Stations of the Cross
- 5:00pm Fish Fry
- 7:30pm Stations of the Cross/Confessions

### Saturday, February 25th

- 8:30am Holy Mass (Tony Corrova)
- 9:00am Confessions

### Eucharistic Adoration Chapel

- Sunday - Friday 6:00am - 12:00am
- Saturday 6:00am - 4:00pm

### Confession Times

- Tuesday 7:30pm
- Thursday 7:00pm (ADORE Night)
- Saturday 9:00am

## Week of February 26th The First Week of Lent

### Sunday, February 26th

First Sunday of Lent

- 8:30am Holy Mass (People of the Parish)
- 8:45am Confirmation Prep Session
- 9:30am Catechesis of Good Shepherd
- 9:30am First Communion Class & Parent Meeting
- 11:00am Holy Mass (Joe Ghiloni)
- 5:00pm Holy Mass (Intentions of the Saldano Family)
- 6:00pm High School Youth Group

### Monday, February 27th

- 8:00am Holy Mass (Anna Marie Duran)
- 6:00pm Lifting the Veil: Week 1
- 6:30pm Scouts

### Tuesday, February 28th

- 7:00pm Holy Mass (Kathleen MacKinnon)
- 7:30pm Confessions

### Wednesday, March 1st

- 8:00am Holy Mass (William Manierre Sr.)
- 8:00am Catechesis of Good Shepherd
- 9:00am School Mass (The Intentions of Mrs. Devon Duska)

### Thursday, March 2nd

- 8:00am Holy Mass (Doris Dooley)
- 7:00pm ADORE Night (Confession & Adoration)
- 8:00pm Womb to Tomb Pro-Life Ministry Meeting

### Friday, March 3rd

- 8:00am Holy Mass (Linda Tunnell)
- 2:00pm School Stations of the Cross
- 6:00pm High School Retreat
- 7:30pm Stations of the Cross/Confessions

### Saturday, March 4th

- 6:30am Women at the Well
- 7:15am That Man is You!
- 8:30am Holy Mass (Richard Lumpe)
- 9:00am Confessions
- 10:00am High School Retreat
- 6:00pm St. Patrick's Day Dinner Benefitting SPICE

### Give Online Now

To quickly give online, simply scan this QR Code.  
This will take you to our secure online giving platform at OSV.  
*Thank you for your generosity!*

### Offering (Sunday, February 12th)

Total Offering	\$13,380.00
Less 6%	\$802.80
Net	\$12,577.20



# LENT

## AT ST. CATHARINE



### **PRAYER, FASTING, ALMSGIVING**

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by giving alms, and to sacrifice self-control through fasting.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season.

In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs."

## **ASH WEDNESDAY**

*Wednesday, February 22nd*

### **Holy Mass**

8:00am

10:00am School Mass

7:00pm

### **Confessions**

After 7:00pm Mass until all are heard

## **CONFESSION TIMES**

Tuesdays • 7:30pm

Thursdays • 7:00pm

Fridays • 7:30pm

Saturdays • 9:00am

*Whether it's been three months, three years, or 30 years since your last Confession, **you can always begin again** and receive the healing mercy of Jesus.*

## **STATIONS OF THE CROSS**

*Fridays*

2:00pm (School)

7:30pm

*Confessions will be heard immediately following evening Stations  
Children's Stations of the Cross will take place on Good Friday at 9:00am*