THE EPIPHANY OF THE LORD



"They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother. They prostrated themselves and did him homage."



"Do This in Remembrance of Me" A Step-By-Step Walk Through the Mass

Fr. Luke Spannagel

Part 31: The Liturgy of the Word and the Liturgy of the Eucharist

As we conclude the Liturgy of the Word and prepare to transition to the Liturgy of the Eucharist, it is a fitting time to reflect on how these main parts of the Mass are united and complement each other. We previously touched on this unity in our reflection on the homily. This time, we will hear from a couple of our recent popes. As *The General Instruction of the Roman Missal* states, "The Mass consists in some sense of two parts, namely the Liturgy of the Word and the Liturgy of the Eucharist, these being so closely interconnected that they form but one single act of worship. For in the Mass is spread the table both of God's Word and of the Body of Christ, and from it the faithful are to be instructed and refreshed" (GIRM, 28, also cf. SC 56, 48, 51). Perhaps the two main parts of the Mass seem obvious, but how are they "so closely interconnected"? How are the Liturgy of the Word and the Liturgy of the Eucharist related? As two examples, they both strengthen us in understanding our faith and living it out in the world, and they both draw us deeper into true unity with Christ.

The Two Ways Our Lord Nourishes Us

Pope St. John Paul II reflected on how the unity of the Liturgy of the Word and Liturgy of the Eucharist goes back to the early Church: "We are well aware that from the earliest times the celebration of the Eucharist has been linked

not only with prayer but also with the reading of Sacred Scripture and with singing by the whole assembly. As a result, it has long been possible to apply to the Mass the comparison, made by the Fathers, with the two tables, at which the Church prepares for her children the word of God and the Eucharist, that is, the bread of the Lord" (*Dominicae Cenae*, 10). This image of the two tables illustrates for us that we are fed in two main ways through the Mass: through the hearing of God's word to us and through the true presence of Jesus in the Eucharist. As we have reflected before, through the Scriptures we come to know God as he reveals himself to us; we learn who we are as his people; and we learn how to live our lives in him and with one another. As we will see as we continue through the Mass, in the Eucharist we are nourished in a unique way through the true presence of Jesus and his dwelling with us through Holy Communion. Our Lord nourishes us in two wonderful ways!

Pope Benedict XVI, reflecting on these two tables of the Liturgy of the Word and Liturgy of the Eucharist, emphasizes the unity between them: "First of all, there is a need to reflect on the inherent unity of the rite of Mass. Both in catechesis and in the actual manner of celebration, one must avoid giving the impression that the two parts of the rite are merely juxtaposed... There is an intrinsic bond between the word of God and the Eucharist. From listening to the word of God, faith is born or strengthened (cf. Rom 10:17); in the Eucharist the Word made flesh gives himself to us as our spiritual food. Thus, 'from the two tables of the word of God and the Body of Christ, the Church receives and gives the faithful the bread of life.' Consequently it must constantly be kept in mind that the word of God, read and proclaimed by the Church in the liturgy, leads to the Eucharist as to its own connatural end" (*Sacramentum Caritatis*, 44).

Relationship and Unity

Pope Benedict's words remind me of the way we grow in relationships. Typically, we first encounter others at a bit of a distance. Maybe we see them in a group, or we cross paths in some way. Next, there is usually a time when we are learning basics, such as names, family backgrounds, schools, or jobs. If the relationship continues to grow, we learn more about what a person thinks, likes, and hopes or dreams. Over time, a friendship grows and deepens, and with that depth comes greater love and intimacy. Of course, even with a depth of love, we know we still communicate with each other and continue to learn more. Our love helps us to understand each other more fully and our ongoing communication helps us deepen our love. This basic comparison helps me realize more concretely what I think the popes are teaching us: in the Mass, we encounter Jesus both through the Liturgy of the Word and through the Liturgy of the Eucharist. Both tables bless us with growing deeper in our relationship with him. Both lead us deeper in unity. Both invite us to share the fruits of that unity with one another. Both increase our hope for the perfect unity with Christ that awaits us in heaven. For now, a foretaste of the heavenly banquet is coming in the Liturgy of the Eucharist!

For Reflection:

- 1. How do you experience the Liturgy of the Word as nourishment? Pray with Ezekiel 3:1-3, in which the Lord instructs Ezekiel to eat a scroll. Meditate on the image of "tables" set for a feast as a way to awaken your "appetite" for worship as you prepare for Mass.
- 2. As Father Luke quoted, "the faithful are to be instructed and refreshed" (GIRM, 28) from the Liturgy of the Word and the Liturgy of the Eucharist. Prepare your heart to receive instruction and refreshment by asking the Lord to give you these graces every time you participate in Mass. After Mass, take time to reflect on the instruction and refreshment you have received, and give thanks to God.

Source: www.eucharisticrevival.org/blog



Why Do We Believe?

How do we Know what God has Revealed? Where Do the Teachings of the Church Come From?

Come Find Out What Every Catholic Should Know

> Presented by Mike Denz Wednesday, January 10 from 7:00 to 8:00 pm Parish Hall Refreshments provided

Sign up here: stcatharine.com/ adult-faith-formation



St. Catharine's Church

mens

SATURDAY, JANUARY 20 BEGINNING AT 6:00 PM

APPETIZERS HOSTED BY KELSEY LIVELY DINNER HOSTED BY BETH HENNEY DESSERT HOSTED BY MARY VATOUR

All women of the parish and school are invited to join us for this social event. Register at www.stcatharine.com/progressive-dinner

> Questions? Contact Emily McFadden emilymarieklein@gmail.com

The St. Catharine of Siena Parish Knights of Columbus Council 11354 Present



MEN AND WOMEN INVITED! (12 and Older, Please.)

SUNDAY FEBRUARY 11, 2024 St. Catharine Parish Center Ø Doors Open at Noon!

TICKETS \$100 EACH ONLY 200 TICKETS TOTAL GET YOURS TODAY!



Steak Dinner (Served From 1:00pm Until 3:30pm)

> Sandwiches at Game Time

Snacks Throughout the Day

Beer and Soft Drinks Provided

l Square on Main Board (Pays every score for the first 15 scores) OTHER ACTIVITIES:

> 50/50 Raffle (Halftime Draw)

Card Games (Poker, Euchre, Etc.) Texas Hold 'Em Tourney Starts at 2:30pm

Door Prizes Hourly (2, 3, 4 and 5pm) Must be present to win.

> Side Boards Available (\$5, \$10, \$20)

> > Fellowship and Much More!

For More Information or to Purchase Tickets, Contact Aaron Heil: heil22@sbcglobal.net



PLEASE PATRONIZE THE ADVERTISERS WHO MAKE OUR BULLETIN POSSIBLE, AT NO COST TO THE PARISH.





Please patronize our advertisers ... To place an ad, call 614-777-8700





Blood Services

abulous

Blood Drive St. Catharine Church

Thursday, January 11th 12:00pm - 6:00pm

St. Catharine Parish Center

For an appointment, please visit redcrossblood.org Or call 1-800-RED CROSS (1-800-733-2767). Sponsor Code: StCatharine

The American Red Cross and the NFL are partnering for the fifth year during National Blood Donor Month this January and invite football fans and blood donors to join our lifesaving team to score big for patients in need.

Come to give Jan. 1-31, 2024, to automatically be entered to win a trip for two to Super Bowl LVIII in Las Vegas, as our thank you for helping during the critical post-holiday time!

The winner and guest will get to enjoy Super Bowl LVIII in Las Vegas, access to day-of in-stadium pregame activities, tickets to the official Super Bowl Experience, round-trip airfare to Las Vegas, three-night hotel accommodations (Feb. 9-12, 2024), plus a \$1,000 gift card for expenses.

The Next Two Weeks...

Week of January 7th Christmas Season/Ordinary Time

Sunday, January 7th

The Epiphany of	the Lord
8:30am	Holy Mass (William Manierre Sr.)
11:00am	Holy Mass (Jack Ryan Jr.)
5:00pm	Holy Mass (People of the Parish)
6:00pm	High School Youth Jesus Night
6:00pm	Catechism in a Year Dinner and Discussion

Monday, January 8th

The Baptism of t	he Lord
8:00am	Holy Mass (William Manierre Jr.)
6:30pm	Scouts
7:00pm	Choir Practice

Tuesday, January 9th

7:00pmHoly Mass (Richard Lumpe)7:30pmConfessions

Wednesday, January 10th

9:00am	Holy Mass (Ethan Kole Jacobsen)
7:00pm	"Why Do We Believe?" with Mike Denz

Thursday, January 11th

8:00am	Holy Mass (Joe Ridgeway)
12р-6р	Red Cross Blood Drive
3:15pm	Society of St. Clare
7:00pm	ADORE Revival Night (Confession & Adoration)
7:30pm	Knights of Columbus

Friday, January 12th

8:00am Holy Mass (Darlene Easly)

Saturday, January 13th

Memorial of St. Hilary, Bishop and Doctor of the Church7:15amThat Man Is You!8:30amHoly Mass (Tina Allwein)9:00amConfessions

 December 24th and December 25th

 Total Offering
 \$12,422.41

 Diocesan Tax (8%)
 -\$993.79

 Net
 \$11,428.61

Diocesan Charities: \$883.00 Christmas Loose Offering: \$3,828.00

Attendance

 8:30am
 218 (12/24: 4th Sunday of Advent)

 11:00am
 264 (12:24: 4th Sunday of Advent)

 4:00pm
 836 (12/24: Christmas Eve)

www.stcatharine.com

6:30pm 263 (12/24: Christmas Eve) 10:00pm 275 (12/24: Christmas Eve) 11:00am 300 (12/25: Christmas Day)

Sunday, December 31st Total Offering \$16,817.41 Diocesan Tax (8%) 1,345.39 Net \$15,472.01

 Attendance

 8:30am
 228

 11:00am
 323

 5:00pm
 214

Second Week of Ordinary Time

Week of January 14th

Sunday, January 14th

Second Sunday in Ordinary Time8:30amHoly Mass (John L. Eberts)9:30amConfirmation11:00amHoly Mass (Emma Petrosky)5:00pmHoly Mass (People of the Parish)6:00pmChristina Ann Allwein Catholic Retreat Fund Dinner

Monday, January 15th

Martin Luther King Jr. Day: Office Closed/No School8:00amHoly Mass (Andi Jenny)6:30pmScouts7:00pmChoir Practice

Tuesday, January 16th

7:00pmHoly Mass (Donna Hinterschied)7:30pmConfessions

Wednesday, January 17th

Memorial of St. Anthony, Abbot 9:00am Holy Mass (Lee Hickman)

Thursday, January 18th

8:00am	Holy Mass (Grace Ducay)
9:30am	Story Time With Jesus
3:00pm	Arrows & Virtues
7:00pm	ADORE Night (Confession & Adoration)

Friday, January 19th8:00amHoly Mass (Msgr. Fouller)

Saturday, January 20th

7:15am	That Man Is You!
8:30am	Holy Mass (Mary Jane Pallay)
9:00am	Confessions
6:00pm	Women's Progressive Dinner

St. Vincent De Paul Society January Food Pantry Need

Canned Meals

Thank you for your generosity!

Eucharistic Adoration Chapel

Confession Times

Sunday-Friday 6:00am-12:00am Saturday 6:00am-4:00pm

Chaplet of Divine Mercy Fridays at 3:00pm Tuesday7:30pmThursday7:00pmSaturday9:00am

By appointment info@stcatharine.com 614-231-4509

> 614-231-4509 500 S Gould Rd Columbus, OH 43209

info@stcatharine.com Find us on Facebook, Instagram, and YouTube

STRENGTHEN YOURSELF IN GOD'S IDENTITY

THE 2024 CHRISTINA ANN ALLWEIN CATHOLIC RETREAT FUND DINNER

PROVIDING SCHOLARSHIPS FOR YOUTH TO EXPERIENCE CHRIST FULLY ALIVE

SUNDAY, JANUARY 14TH 6:00PM

A NIGHT OF FOOD, REFLECTION, AND SPIRITUAL DEPTH

ST. CATHARINE CHURCH PARISH CENTER 500 S GOULD RD, COLUMBUS, OHIO



For Reservations or to Make a Gift www.stcatharine.com/allwein-dinner Questions? Heidi Thompson · heidithompson522@gmail.com