SUNDAY, FEBRUARY 25TH, 2024 SECOND SUNDAY OF LENT

LENT

ST. CATHARINE CHURCH

Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him."

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"Do This in Remembrance of Me" A Step-By-Step Walk Through the Mass

Part 36: Bread and Wine

Continuing our review of the **Offertory** and the gifts of bread and wine, we take time to address a few common questions.

Why do we use bread and wine and not something else?

During my years on campus, I recall meeting a student who had grown up in an Asian country. He said that, early on in his Christian journey, he would think of "daily bread" as a portion of rice, since that is what he was most familiar with. His question was a practical one: Why didn't the Church adapt what was used for Mass as the Church spread throughout the world? For a short answer, the Church has stayed consistent with what Jesus used at the Last Supper. As Fr. Guy Oury says, bread and wine would have been "daily fare" for the people of the Holy Land and "were particularly suitable to convey [Christ nourishing us with true and everlasting life] because they were typical nourishment. Obviously, Jews at the time of Christ consumed other food and drink besides bread and wine, and indeed, on the table of the Last Supper where the Passover meal was celebrated, lay a lamb... But Christ made a choice of bread and wine, and the Church has scrupulously conformed to what he instituted, using only bread from

wheat and wine from grapes. The Church has never felt itself authorized to modify what it has received from the Lord himself" (*The Mass*, p. 78). This has been true as the Church spread to places where different grains as well as other drinks were common. In many places, missionaries brought with them wheat seeds and grape seedlings so that what was needed for the wine and hosts could be grown locally.

Why do we use unleavened bread?

Similar to the use of wheat, Fr. Guy Oury observes that the Church wishes to honor the tradition handed down to us. "At the time of Christ the ancient feast of Azymes had been merged with the feast of Passover. On the eve of Passover unleavened breads were prepared to commemorate what had happened when the Hebrews fled from Egypt: in their haste they could not have their dough leavened... At the Last Supper (according to the Synoptic Gospels, but not John) Jesus observed the Passover ritual, which called for unleavened bread" (*The Mass*, p. 80). We should note that in some places in the early Latin Church, as well as still currently in Eastern Rite and Eastern Orthodox Churches, leavened bread is used for the Eucharist. Each Rite within our Church is able to determine certain details for the celebration of the Mass. However, the core elements of the Mass will always be present and consistent.

What about the wine?

"The symbolism of wine is as rich as that of bread... Among Jews wine conveyed the idea of feasting and rejoicing... Wine has no doubt become less meaningful than it was [for Christians of earlier times. For them, wine was] thought to nourish the body, restore health, prevent sickness, help digestion, maintain bodily temperature, clarify ideas, dilate the arteries, rest the brain, halt congestion of the liver, chase away the 'blues,' as well as being useful for washing and cleansing wounds" (*The Mass*, p. 81–82). While the natural elements of wine may do these things for the body, doesn't the Blood of Christ do so many more powerful things for body and soul?

Lastly, why do we call the bread we use at Mass "hosts?"

Charles Belmonte teaches that "originally, 'host' (from Latin *hostire*, to strike) referred to any animal about to be sacrificed" (*Understanding the Mass*, p. 112). Since the bread is the offering made for the sacrifice of the Mass, it is fittingly called by the name host. To be proper and reverent, after the bread has been changed into the Body and Blood of Jesus, hosts should be called "Consecrated Hosts" or "Sacred Hosts," out of honor for Jesus Christ, who is now truly present.

Next time, we will consider the question: Does it seem like sometimes the priest is talking to himself up at the altar? Let's find out what he is praying!

For Reflection:

- 1. Pray with Psalm 104 in praise of God's provision for human needs, including "wine to gladden their hearts... and bread to sustain the human heart" (Ps. 104:15). Consider the life-giving role bread and wine have played in your life.
- 2. Have you ever baked bread or made wine? Reflect on your experience of each phase of this process. If you have the opportunity, visit a bakery or vineyard to learn more about bread and wine.
- 3. Some religious communities make hosts. Find out if anyone in your diocese facilitates these experiences, and see if you can visit to observe the process.

Source: www.eucharisticrevival.org/blog



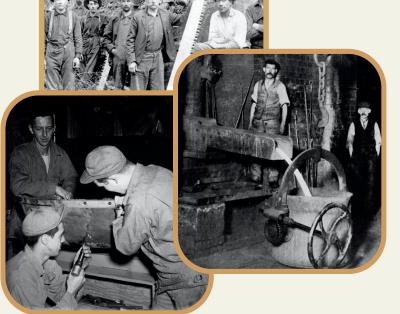
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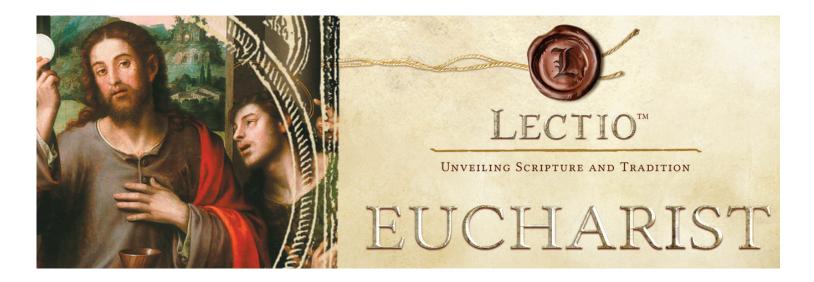


Six Wednesdays 6:30am-7:30am

feb 21: our **character** at work feb 28: our **witness** at work mar 6: our **colleagues** at work mar 20: our **money** at work mar 27: our **stress** at work apr 3: our **life** at work

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Time: Thursdays at 6:00pm followed by ADORE at 7:00pm

Place: Parish Hall: St. Paul Room • A hot soup supper will be served.

Dates: Thursday, February 15th - Thursday, April 4th Retreat Day: Saturday March, 16th • 10:00am-2:00pm

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SUGGESTED ITEMS

- Cans of fruit
- Cans of vegetables
- Soup
- Cans of tuna or chicken
- Pasta and sauce
- Cans of whole meals (chili, pasta, stews)
- Mac and Cheese
- Cereal
- Crackers

NO GLASS
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PRAYER, FASTING, ALMSGIVING

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by giving alms, and to practice self-control through fasting.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to exercise self-discipline and fast in other ways throughout the season.

In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs."

WEEKLY CONFESSION TIMES

Tuesdays • 7:30pm Thursdays • 7:00pm Fridays • 7:30pm Saturdays • 9:00am

Whether it's been three months, three years, or 30 years since your last Confession, you can always begin again and receive the healing mercy of Jesus.

STATIONS OF THE CROSS

Fridays of Lent 7:30pm

Confessions will be heard immediately following Stations of the Cross Children's Stations of the Cross will take place on Good Friday at 9:00am No evening Stations on Good Friday

FASTING & ABSTINENCE

Days of Fasting: Ash Wednesday and Good Friday (ages 18-59)

Days of Abstinence from meat: Every Friday

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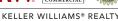
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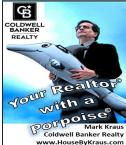
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The Next Two Weeks...

Week of February 25th Second Week of Lent Week of March 3rd Third Week of Lent

Sunday, February 25th

Second Week of Lent

2nd Collection: A Good & Growing Need: Seminarian Support Fund

8:15am First Communion Retreat

8:30am Holy Mass (Dick Hinterschied Sr.)

9:30am St. Vincent de Paul

9:30am Catechesis of the Good Shepherd
11:00am Holy Mass (Thomas Fredrick Beck)
5:00pm Holy Mass (People of Parish)
6:00pm High School Youth Group

Monday, February 26th

8:00am Holy Mass (Al Schneider)

6:30pm Scouts 7:00pm Choir Practice

Tuesday, February 27th

Memorial of St. Gregory of Narek, Abbot and Doctor of the Church

7:00pm Holy Mass (Janet Gallen)

7:30pm Confessions

Wednesday, February 28th

6:30am Working Challenges: Men's Retreat Series

9:00am Holy Mass (Linda Tunnell)

Thursday, February 29th

7:30am Men's Rosary

8:00am Holy Mass (Stephen Gilmore)

6:00pm Eucharist: Discovering the Mass in the Bible 7:00pm ADORE Night (Confession & Adoration)

Friday, March 1st

8:00am Holy Mass (Tom Easly)
2:15pm School Stations of the Cross
7:30pm Stations of the Cross & Confessions

Saturday, March 2nd

6:30am Women at the Well 7:15am That Man Is You!

8:30am Holy Mass (William Manierre Sr.)

9:00am Confessions

6:00pm SPICE St. Patrick's Day Party

St. Vincent De Paul Society February Food Pantry Need

Canned Vegetables

Please leave donations at wooden boxes near Church entrances.

Sunday, March 3rd

Third Week of Lent

8:30am Holy Mass (William Manierre Jr.)

9:30am Lent for Families

11:00am Holy Mass (Anthony Caridi) 5:00pm Holy Mass (People of Parish) 6:00pm Middle School Youth Group

Monday, March 4th

Memorial of St. Casimir

8:00am Holy Mass (Jeanne Herbert)

6:30pm Family of Faith 6:30pm Scouts 7:00pm Choir Practice

Tuesday, March 5th

7:00pm Holy Mass (Lola Brunetto & Joe Brunetto II)

7:30pm Confessions

Wednesday, March 6th

6:30am Working Challenges: Men's Retreat Series

9:00am Holy Mass (The Pasch Family)

Thursday, March 7th

Memorial of Sts. Perpetua and Felicity, Martyrs

8:00am Holy Mass (Intentions of the Burkhardt Family)

9:30am Little Saints

3:15pm Courageous Daughters of the Eucharist

5:30pm Squires of St. Catharine

6:00pm Eucharist: Discovering the Mass in the Bible 7:00pm ADORE Revival Night (Confession & Adoration)

Friday, March 8th

Memorial of St. John of God, Religious
8:00am Holy Mass (John L. Eberts)
2:15pm School Stations of the Cross
5p-7:30 Knights of Columbus Fish Fry
7:30pm Stations of the Cross & Confessions

Saturday, March 9th

Memorial of St. Frances of Rome, Religious

7:15am That Man Is You!

8:30am Holy Mass (Living & Deceased of the Sarko Family)

9:00am Confessions 10:00am Pre-Cana Retreat

Weds, Feb 14th

Ash Wednesday

Total Offering \$5,537.00 Special Collection for the Joint Organization of Inner City Needs (JOIN)

Mass Attendance

7:30am 172 9:00am 345 7:00pm 391 Total 908 Sun, Feb 18th

1st Sunday of Lent

Total Offering \$13,900.01

Diocesan Tax -\$1,112.00

Net \$12,788.01

2nd Collection: \$1 313.00

Mass Attendance

8:30am 254 11:00am 359 5:00pm 249 Total 862 **Securely Give Online**

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