



Sacrament of Confirmation - Sponsor Form

Requirements: A Confirmation sponsor must be at least 16 years of age and be a practicing Catholic in good standing with the Catholic Church. This means that the person actively lives the faith by following the teachings of Jesus Christ and His Church, participates each week in Sunday Mass, frequents the Sacrament of Reconciliation, and their marriage has been blessed by the Catholic Church. The sponsor must have received all sacraments of Initiation (Baptism, Eucharist, and Confirmation) and may not be a parent of the Confirmation candidate.

PLEASE PRINT

Name of Confirmation Candidate: _____

Name of Sponsor: _____

Sponsor Daytime Phone: _____

Email: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Date of Birth: _____

Name of Sponsor's Parish: _____

City: _____ State: _____

What is your relationship to the candidate?: _____

How long have you known the candidate?: _____

Responsibilities of the Sponsor

The Confirmation Sponsor's role is the one of a mentor in the Catholic Faith. He/she will present the candidate to the Bishop on the day of Confirmation and in doing this, state that the candidate is fully prepared to not only receive the sacrament of Confirmation, but also to live the Christian life. The Sponsor should continue to support the candidate in his/her Catholic Faith in the years ahead.

What the Sponsor can do:

- Pray for your candidate daily.
- Live an exemplary Catholic lifestyle.
- Participate in a service project with your candidate.
- Write your candidate a letter for when they are having an off day.
- Go to Eucharistic Adoration, Confession, or Mass together; go to lunch and share your faith journey with your candidate.
- Help your candidate study their Catechism and religious text books; teach him/her your favorite Catholic devotion.

For the Sponsor:

Be at your best. If you have been chosen to be a Confirmation Sponsor, congratulations! This candidate sees in you a profound faith commitment, finds trust, and knows you are someone who will care about them and their faith. Sounds impressive, doesn't it? It's not all that complicated, but it does take an investment of your time, a caring heart, and a listening ear. If you are a practicing, mature Catholic, you can be a Confirmation Sponsor. Here are a few suggestions on how to be the best possible Sponsor for your candidate:

- Be a living model of faith. At least a part of what this young person admires in you is your faith! If the way you practice your faith is not what it should be, "get it together," so to speak! If you honestly can't, this is understandable - maybe you should decline the invitation to be a Sponsor. Your life doesn't have to become artificially saintly, but your faith should be authentic and sincere.
- Pray for your candidate and yourself. As candidates decide to be confirmed, they need spiritual strength. Your prayers for them are important, but don't forget to pray also for yourself, that you can share why you value and practice your Catholicism. Attend Sunday Mass together, or even have the courage to come to Reconciliation together.
- Give of your time and share your gifts. You'll be asked to spend time together on various activities. This may mean preparing lessons or even working on a Christian service project. You could also share your own experiences or write a letter of encouragement. Let your unique God-given talents and gifts shine! Offer a gift of spiritual significance - a new Bible, rosary or book about our faith or about the Saint the candidate has chosen for a Confirmation name - but be creative and relevant!
- Don't miss the ceremony. Participating in the Confirmation Mass is the easiest part of being a sponsor. Your basic job will be to place your hand on your candidate's should, and tell the Bishop your candidate's Confirmation name. You are there to be a support, but your role on Confirmation day is only beginning.
- Don't forget this newly confirmed Catholic. After Confirmation day, remember birthdays and this anniversary. Send a card or make a phone call. Continue to worship together, or from time to time do some Christian service together. Put those "Gifts of the Spirit" into practice.



Confirmation Sponsor's Statement of Faith

I, _____, hereby state that I:

Am a baptized and confirmed Catholic;
Am a registered, active member of my parish;
Regularly attend Sunday Mass and receive the Sacraments;
Am a believer in and follower of the Gospel of Jesus Christ, trying to live my life according to the teachings of Jesus Christ and His Catholic Church.

I testify that they above statements are true.

Sponsor's signature: _____ Date: _____

Sponsor's Parish Certificate

This is to certify that to the best of my knowledge,

Name of parishioner: _____

Is a registered, active member of our parish, who regularly participates in Sunday worship and in the Sacraments, and is a Catholic in good standing.

Priest signature: _____ Date: _____

Parish Name:

Address:

City:

State:

Zip code:

PARISH SEAL