

**Reading I: Exodus 16:2-4, 12-15**

The whole Israelite community grumbled against Moses and Aaron.  
The Israelites said to them,  
“Would that we had died at the LORD’s hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!”  
Then the LORD said to Moses,  
“I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not.  
“I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God.”  
In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground.  
On seeing it, the Israelites asked one another, “What is this?” for they did not know what it was.  
But Moses told them,  
“This is the bread that the LORD has given you to eat.”

**Responsorial Psalm: 78:3-4, 23-24, 25, 54**

*The Lord gave them bread from heaven.*

What we have heard and know,  
and what our fathers have declared to us,  
we will declare to the generation to come  
the glorious deeds of the LORD and his strength  
and the wonders that he wrought.

He commanded the skies above  
and opened the doors of heaven;  
he rained manna upon them for food  
and gave them heavenly bread.

Man ate the bread of angels,  
food he sent them in abundance.  
And he brought them to his holy land,  
to the mountains his right hand had won.

**Reading II: Ephesians 4:17, 20-24**

Brothers and sisters:  
I declare and testify in the Lord  
that you must no longer live as the Gentiles do,  
in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God’s way in righteousness and holiness of truth.

**Alleluia: Matthew 4:4b**

One does not live on bread alone,  
but by every word that comes forth from the mouth of God.

**Gospel: John 6:24-35**

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus.  
And when they found him across the sea they said to him,  
“Rabbi, when did you get here?”  
Jesus answered them and said,  
“Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal.”  
So they said to him,  
“What can we do to accomplish the works of God?”  
Jesus answered and said to them,  
“This is the work of God, that you believe in the one he sent.”  
So they said to him,  
“What sign can you do, that we may see and believe in you? What can you do?  
Our ancestors ate manna in the desert, as it is written:  
He gave them bread from heaven to eat.”  
So Jesus said to them,  
“Amen, amen, I say to you,  
it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.”  
So they said to him,  
“Sir, give us this bread always.”  
Jesus said to them,  
“I am the bread of life;  
whoever comes to me will never hunger,  
and whoever believes in me will never thirst.”



Welcome Reception for  
**Fr. Matthew Morris**

10th Pastor of St. Catharine Church

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**Sunday, August 1st**

After each Mass in the Parish Center

Light refreshments will be served and there will be an opportunity for personal greetings.  
No RSVP necessary, all are welcome!



# FAMILY OF FAITH

SHARE AN ADVENTURE OF FAITH WITH YOUR KIDS!

Family of Faith helps children learn the joys of following Jesus and the truths of our Catholic Faith through the witness of their parents.

Twice a month in the new parish center, St. Catharine families will share a light breakfast and hear a short teaching on that month's topic. Then, families will learn together with activities that involve the whole family! Throughout the month, parents can choose the activities and discussions they will do at home as a family to learn and experience our Catholic Faith.

This fall, St. Catharine is encouraging families with children in kindergarten through eighth grade (and their younger siblings, too!) to attend Family of Faith. Families with children preparing to receive a Sacrament must be enrolled in (and regularly attending) Family of Faith if they are not already enrolled in other religious education classes.

## Raising Saints!

Children are more likely to practice the Faith they see lived out everyday at home. **Family of Faith** helps parents and children understand and LOVE our Catholic Faith, experiencing the transformation of a life lived for Jesus. With flexible lessons and fun activities, Family of Faith will foster a deeper relationship with Jesus individually, within your family, and even within our parish community!



Join us for:

- breakfast
- a talk
- & family activities

## BEGINNING SEPTEMBER 12

9:30 am in the new Parish Center

9/12 - Sharing Faith

9/26 - The Family that Prays Together

10/10 - A Relationship of Love



FIND OUT MORE AT [STCATHARINE.COM](http://STCATHARINE.COM)  
QUESTIONS? TONI CARMON ▪ [TONI@STCATHARINE.COM](mailto:TONI@STCATHARINE.COM)





# Summer FULL OF LIFE

## **Blood Drive** **St. Catharine Church**

Parish Ministry Center  
470 S. Gould Rd.  
Columbus, OH 43209

**Tuesday, August 3, 2021**  
**1:00 p.m. to 7:00 p.m.**

To schedule an appointment call 1-800-RED CROSS or visit [RedCrossBlood.org](https://RedCrossBlood.org),  
sponsor code: StCatharine.

**Those who come to donate blood, platelets or plasma with the Red Cross in the Central and Southern Ohio Region May 1 through August 31 will receive a buy-one-get-one free entry coupon to the Columbus Zoo and Aquarium, while supplies last. See coupon for details.**

**Share the vibe. Give blood to help save lives.**

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# EUCCHARISTIC PROCESSION

**AUGUST 15, 7 PM**

IN HONOR OF MARY ON THE  
FEAST OF THE ASSUMPTION

UNITING CHRIST THE KING,  
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ST. THOMAS THE APOSTLE

JOIN US FOR BILINGUAL MASS AT 6:00 P.M. AT CHRIST THE KING  
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FROM CHRIST THE KING TO ST. CATHARINE,  
THEN CONTINUING TO ST. THOMAS THE APOSTLE.

A POLICE ESCORT WILL BE PROVIDED.  
AFTER THE PROCESSION, LIMITED TRANSPORTATION  
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# Lectio Divina

Before you begin to read, take a moment to place yourself in the presence of God and ask the Holy Spirit to help you to pray.

1

## READ

Read the following passage for this upcoming Sunday's Gospel three times very slowly somewhere quiet.

### Sunday, August 8, 2021 • Nineteenth Sunday in Ordinary Time • John 6:41-51

The Jews murmured about Jesus because he said,  
"I am the bread that came down from heaven,"  
and they said,  
"Is this not Jesus, the son of Joseph?  
Do we not know his father and mother?  
Then how can he say,  
'I have come down from heaven?'"  
Jesus answered and said to them,  
"Stop murmuring among yourselves.  
No one can come to me unless the Father who sent me draw him,  
and I will raise him on the last day.  
It is written in the prophets:  
They shall all be taught by God.  
Everyone who listens to my Father and learns from him comes to me.  
Not that anyone has seen the Father  
except the one who is from God;  
he has seen the Father.  
Amen, amen, I say to you,  
whoever believes has eternal life.  
I am the bread of life.  
Your ancestors ate the manna in the desert, but they died;  
this is the bread that comes down from heaven  
so that one may eat it and not die.  
I am the living bread that came down from heaven;  
whoever eats this bread will live forever;  
and the bread that I will give is my flesh for the life of the world."

2

## REFLECT

Meditate on the passage by sitting in silence and allowing a word or phrase to jump out at you. Perhaps you even put yourself in the scene. What is God saying to you through this?

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## RESOLUTION

Make a concrete and simple resolution for the day or week ahead based on what God is telling you. Example: Today I will pray a decade of the rosary before I go to bed for my spouse.

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3

# What's happening at St. Catharine

A full calendar of events can be found online at [stcatharine.com/calendar](http://stcatharine.com/calendar)

## Catechesis of the Good Shepherd is coming to St. Catharine!

*Sundays and Wednesdays this Fall*

Catechesis of the Good Shepherd (CGS) is a hands-on method of faith formation based on the Montessori method of learning, which takes place in a dedicated prepared space for children called the *atrium*.

The atrium is a special place of work and prayer, filled with kid-sized furniture and hands on models of people, places, and items found in scripture and liturgy. These manipulatives are introduced to the children throughout the year, and each week, the children choose "work" to continue their meditation about particular Scripture texts or signs from the liturgy. Working with these materials, allows the child to enter more deeply into meditation, nurturing their relationship with the Good Shepherd, Jesus Christ.

St. Catharine is offering two times CGS for children ages 3-5, and your child must be fully potty-trained and three years old on, or before, September 1st, 2021.

- Sundays: 9:30am-10:45am // Begins September 12th
- Wednesdays: 8:00am-9:15am // Begins September 15th



If you have a child enrolled in St. Catharine's Preschool or Kindergarten they will have CGS time during their school time, and you do not need to register them separately.

Register today at [www.stcatharine.com/cgs](http://www.stcatharine.com/cgs) Questions? Rachel Green • [rgreen@cdeducation.org](mailto:rgreen@cdeducation.org)

### Confession Times

<b>Tuesday</b>	6:30pm
<b>Thursday</b>	7:00pm (ADORE Night)
<b>Saturday</b>	9:00am

### Adoration Chapel Hours

<b>Monday - Friday</b>	6:00am - 9:00pm
<b>Saturday</b>	6:00am - 4:00pm
<b>Sunday</b>	6:00am - 9:00pm

### Offering (July 25th)

Total Offering	\$23,178.18
Less 6%	\$1,390.69
Net	\$21,787.49

### Mass Intentions

<b>Sun 8/01</b>	Tom Easley (8:30am) People of the Parish (11:00am) Josephine Alexander (5:00pm)
<b>Mon 8/02</b>	Lena Ralabate
<b>Tues 8/03</b>	The Intentions of Justin
<b>Weds 8/04</b>	Mary Jane Pallay
<b>Thurs 8/05</b>	Bill Diehl Sr.
<b>Fri 8/06</b>	Rachael Ann Pallay
<b>Sat 8/07</b>	The Intentions of Nnani Family

### Bishop's Annual Appeal

Goal	\$107,733.97
- Pledges	\$81,923.50
Left to go to goal	\$25,810.47
<b>Total Participants</b>	<b>100</b>

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