

SUNDAY, FEBRUARY 4TH, 2024
FIFTH SUNDAY IN ORDINARY TIME



ORDINARY TIME

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and bore our diseases.*

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*Memorial of Saint Paul Miki and Companions, Martyrs
Tuesday, February 6th*



The Mass

“Do This in Remembrance of Me” **A Step-By-Step Walk Through the Mass**

Fr. Luke Spannagel



Part 33: Offertory Water and Wine



As we continue through the **Offertory**, this time we take a closer look at some of the prayers at the altar as the bread and wine are placed there. After the bread and wine are brought forward, they are placed on the altar by the priest (or a deacon if there is one present). Then the priest, speaking either silently or aloud, says the prayers over the bread and wine. These are the prayers that begin, “Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.”

You may also recognize the prayer as the priest holds the chalice: “Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.” As the Diocese of Peoria reminds us, “If there is no music playing, [the priest] may do this out loud. In this case, we would respond to these prayers by saying, ‘Blessed be God forever!’ These prayers are ancient and have profound meaning. We place before him in our procession ‘our’ gifts, yet in these formulas we immediately admit that while they are ‘work of human hands’ they are still ultimately from God. For this reason, we

bless God for his goodness and ask him to accept and transform the gifts into 'bread of life' and 'spiritual drink'" (A Study of the Mass, p. 11).

The Mystery of the Water and Wine

As the priest is preparing the wine, the Diocese of Peoria continues, "notice that he places a small amount of water into the chalice with the wine. As he does this he says: 'By the mystery of this water and wine may we come to share in the divinity of Christ who humbled himself to share in our humanity.' The Church maintains this very ancient custom of mixing water and wine as it uniquely symbolizes what we pray for. At the Mass, we offer our lives in union with Christ. In all our weakness, in all our smallness, we pray to be inseparably united to the divine. The small drops of water symbolize us. As the water becomes inseparably united to the wine, we pray we may become inseparably united to Jesus Christ" (A Study of the Mass, p. 11-12).

Along these lines, Charles Belmonte teaches, "It was ancient custom to take the wine mixed with water, which the chalice of Jesus in the Last Supper contained. The Church retained this gesture to symbolize the sanctification of the Christian which is accomplished through his union with Jesus Christ. The water becomes the symbol of ourselves: our lives, with our weaknesses. Have you stopped to think what happens to the drops of water mixed with the wine? They are absorbed by it and then become inseparable from it. So does Jesus absorb us. The drops of water are of negligible worth; they are not even enough to quench anyone's thirst. Yet they will end up being divine blood! And all that because they let themselves be mixed with the wine and be dissolved in it, thus manifesting self-denial, personal renunciation. At this moment, we grow in our desire to offer ourselves in total self-surrender, as the few drops of water in the chalice have reminded us. So, we will be able to become one with Jesus Christ after the Consecration" (Understanding the Mass, p. 114).

An Opportunity for Personal Prayer

What a meaningful moment in this part of the Mass! A transition time in the Mass that could be easily missed, these brief prayers sometimes said silently provide a great invitation for prayer:

Jesus, help my heart to unite more perfectly with yours. I feel at times so far from you, but you give of yourself so that I have this opportunity to be more closely united with you. Help me to be attentive in this moment and bring my heart joy from knowing you will soon be truly present on the altar, Body, Blood, Soul and Divinity, in the Eucharist!

For Reflection:

1. Make Father Luke's prayer above your own as you participate more fully in the Liturgy of the Eucharist.
2. Next time you participate in Mass, pay close attention to the preparation of the chalice and the mixing of water and wine. Make an act of faith, trusting that Jesus can and will receive all you offer him and transform your weakness into strength by his divine power.

Source: www.eucharisticrevival.org/blog



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Magnify
40



A Lenten journey into God's deep love
for you through the pursuit of virtue,
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Weekly Home Groups

begin the week of February 10th

A variety of dates and times are available, but all participants
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Questions? Elyse Salisbury • ehueckel@gmail.com

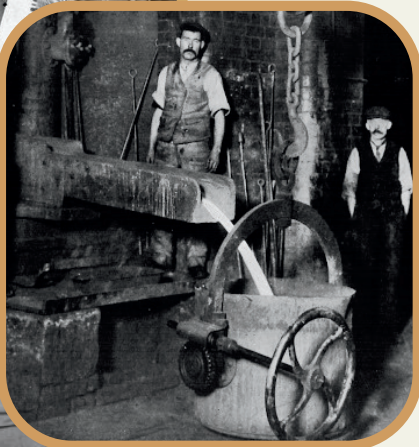


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Six Wednesdays
6:30am-7:30am

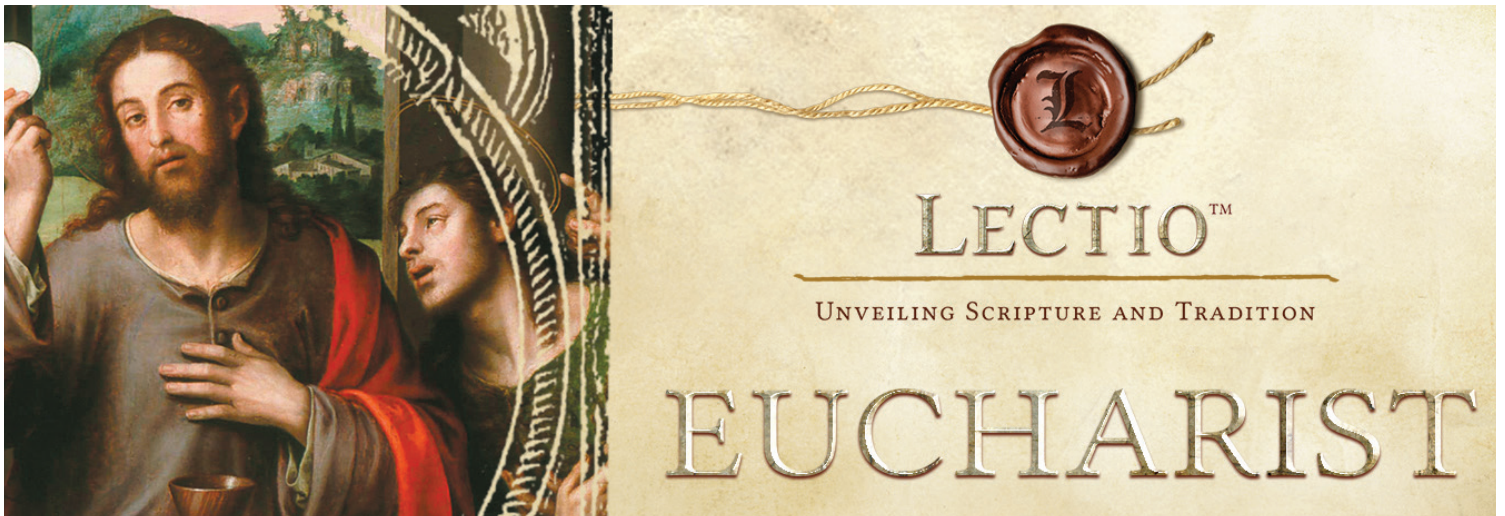
feb 21: our **character** at work
feb 28: our **witness** at work
mar 6: our **colleagues** at work
mar 20: our **money** at work
mar 27: our **stress** at work
apr 3: our **life** at work

Continental breakfast provided



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Questions? Brendan O'Rourke • brendan@stcatharine.com



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Time: Thursdays at 6:00pm followed by ADORE at 7:00pm

Place: Parish Hall: St. Paul Room • A hot soup supper will be served.

Dates: Thursday, February 15th - Thursday, April 4th
Retreat Day: Saturday March, 16th • 10:00am-2:00pm

Contact: Mike Denz • mike@stcatharine.com
Register at www.stcatharine.com/sacred-thinking

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Kasich Hall



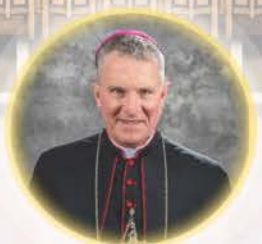
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Heather Khym



Emcee: Jennifer Rice



Archbishop Timothy P. Broglio, J.C.D.



Music By: Marie Miller

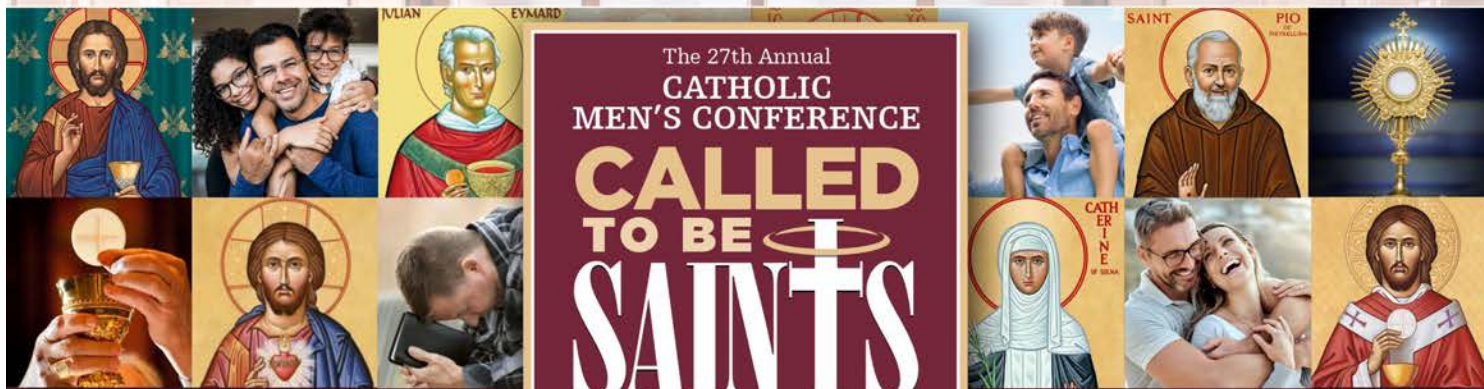


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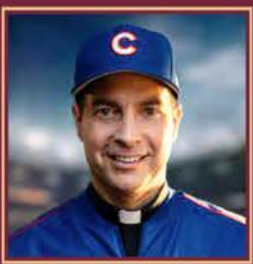
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- † Faith Organizations

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- Implore God for Help
- Find Comfort and Rest in the Eucharist and Penance
- A Commitment to Prayer
- Virtues Formed by Prayer

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- Identify the internal and external struggle with the power of evil and create a pathway to overcome it.
- Lift up your heart and mind to Christ with powerful Lenten Reflections.
- Enter into Holy Thursday, Good Friday and Easter Sunday through Jewish eyes and experience the Triduum like never before.
- Embrace the call to lay down your life in loving sacrifice, bring joy into your home and manifest the merciful love of God the Father.
- Remain grafted to the vine to bear a hundred-fold fruitfulness.
- Experience the holy grit of the Saints while relying upon the holy grace of God.



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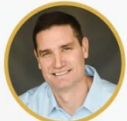
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PROGRAM INFORMATION:

St. Catharine Parish Hall
(Soroan Center)
Saturday Mornings
Spring Session Begins January 13 (Come to any or all!)

SCHEDULE:

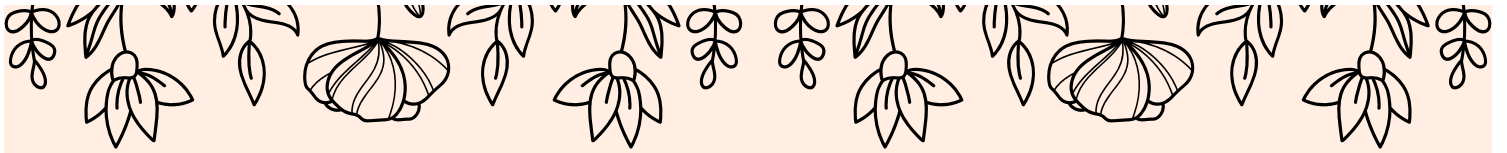
7:15 Light Breakfast
7:30 Program
8:00 Small Group Discussion
8:30 Program Ends – Optional Mass

REGISTRATION:

For more information,
contact Paul Wills at
614.266.2249 or email
pkawills7@gmail.com
Register Online at
<https://paradisusdei.org>

Paradisus Dei





come join the
**SOCIETY OF
 SAINT CLARE**

Girls in grades 4-6 ... come join us

February 8th @3:05 - 4:30

in St. John of the Cross (and in the Church and Chapel)

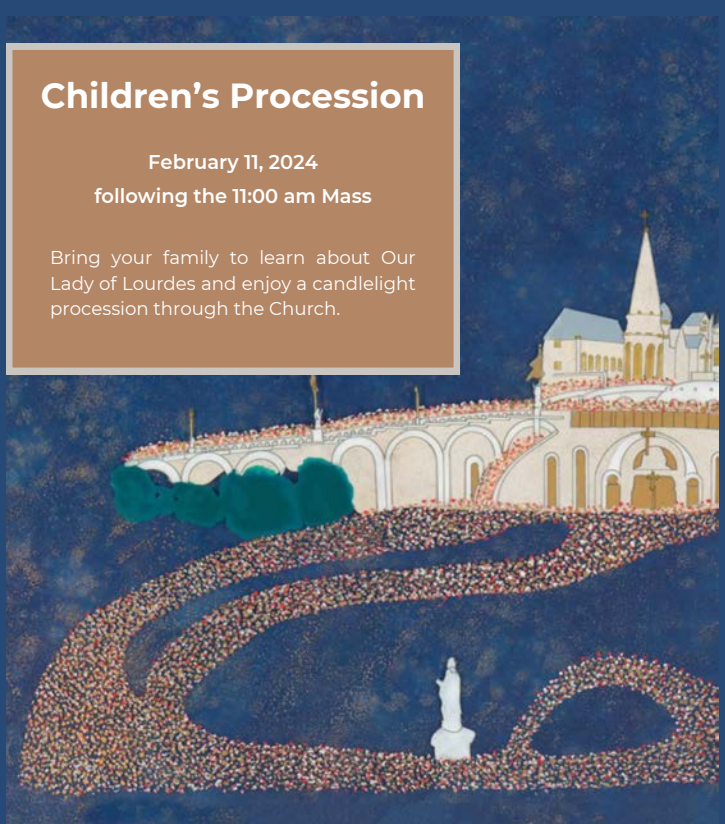
Girls in grades 4-6 are invited to join the Society of St. Clare for Faith and friendship on Thursdays, once each month, in the undercroft. This year we are focusing on the *Imitation of Christ for Children* by Elizabeth Ficocelli, talking about Jesus, truly Present in the Eucharist, and learning about the duties of Sacristans and Liturgical Coordinators! Bring a friend and come have fun!

Questions? toni@stcatharine.com

Children's Procession

February 11, 2024
 following the 11:00 am Mass

Bring your family to learn about Our Lady of Lourdes and enjoy a candlelight procession through the Church.



Questions?
 Email Toni Carmon - toni@stcatharine.com
 Faith is fun! No sign up - just come!

GIRLS VIRTUES CLUB

girls in grades 2-6

Blessed be God. Blessed be His holy Name. Blessed be Jesus Christ, true God and true Man. Blessed be the name of Jesus. Blessed be His most Sacred Heart. Blessed be His most Precious Blood. Blessed be Jesus in the most holy Sacrament of the altar. Blessed be the Holy Spirit, the Paraclete. Blessed be the great Mother of God, Mary, most holy and Immaculate Conception. Blessed be her glorious Assumption. Blessed be the name of Mary, Virgin and Mother. Blessed be Saint Joseph, her most chaste spouse. Blessed be God in his angels and in his saints.

BOYS ARROWS CLUB

boys in grades 2nd-6th

Meet us in the undercroft
 after school!

Thursday, February 15
 (3:05-4:30pm)

Questions?
 Email Toni (toni@stcatharine.com) or
 Heidi (heidithompson522@gmail.com)

Mary most holy. Blessed be her holy and Immaculate Conception. Blessed be her glorious Assumption. Blessed be the name of Mary, Virgin and Mother. Blessed be Saint Joseph, her most chaste spouse. Blessed be God in his angels and in his saints.

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The Next Two Weeks...

Week of February 4th Fifth Week of Ordinary Time

Sunday, February 4th

Fifth Sunday in Ordinary Time

8:30am Holy Mass (The People of the Parish)
 9:30am Catechesis of the Good Shepherd
 9:30am First Communion/Reconciliation Prep
 9:30am Family of Faith
 11:00am Holy Mass (Mary Agriesti Gall)
 5:00pm Holy Mass (Rose Adamescu)
 6:00pm High School Jesus Night

Monday, February 5th

Memorial of St. Agatha, Virgin and Martyr

8:00am Holy Mass (Paul Hysell)
 6:30pm Family of Faith
 6:30pm Scouts
 7:00pm Choir Practice

Tuesday, February 6th

Memorial of St. Paul Miki and Companions, Martyrs

7:00pm Holy Mass (Carlota Posada)
 7:30pm Confessions

Wednesday, February 7th

9:00am Holy Mass (Jeanne Herbert)
 7:00pm Baptism Class

Thursday, February 8th

Memorial of St. Josephine Bakhita, Virgin

8:00am Holy Mass (Dennis McCarthy)
 3:05pm Society of St. Clare
 3:15pm Confirmation Retreat
 7:00pm ADORE Night (Confession & Adoration)
 7:30pm Knights of Columbus

Friday, February 9th

8:00am Holy Mass (Emma Petrosky)
 2:15pm All School Adoration

Saturday, February 10th

Memorial of St. Scholastica, Virgin

7:15am That Man Is You!
 8:30am Holy Mass (Intentions of the Burkhardt Family)
 9:00am Confessions
 6:00pm St. Valentine's Date Night

Week of February 11th Sixth Week of Ordinary Time

Sunday, February 11th

Sixth Sunday in Ordinary Time

8:30am Holy Mass (Darlene Easley)
 9:30am Catechesis of the Good Shepherd
 9:30am First Communion/Reconciliation Prep
 11:00am Holy Mass (Donna Tartal)
 12:00pm Supper Bowl
 5:00pm Holy Mass (The People of the Parish)

Monday, February 12th

8:00am Holy Mass (Helen Dendiu)
 6:30pm Scouts
 7:00pm Choir Practice

Tuesday, February 13th

7:00pm Holy Mass (William Manierre Sr.)
 7:30pm Confessions

Wednesday, February 14th

Ash Wednesday

7:30am Holy Mass (Jan & Jason Maier Family)
 9:00am Holy Mass (Doris Hecker)
 7:00pm Holy Mass (Intentions of Sue & Ken Wilson Family)

Thursday, February 15th

8:00am Holy Mass (Barbara Hysell)
 9:00am Story Time with Jesus
 3:15pm Arrows and Virtues Clubs
 6:00pm Eucharist: Discovering the Mass in the Bible
 7:00pm ADORE Night (Confession & Adoration)

Friday, February 16th

8:00am Holy Mass (Joe Ridgeway)
 5p-7:30p Fish Fry
 7:30pm Stations of the Cross

Saturday, February 17th

7:15am That Man Is You!
 8:30am Holy Mass (William Manierre Jr.)
 9:00am Confessions

St. Vincent De Paul Society February Food Pantry Need Canned Meals

Please leave donations at wooden boxes near Church entrances.

Sunday, January 28th

Total Offering \$15,529.94
 Diocesan Tax -\$931.80
 Net \$14,598.14

Tuition Assistance: \$970.00

Sunday Mass Attendance

8:30am 262
 11:00am 362
 5:00pm 238
 Total 862

Securely Give Online

To quickly give online, simply scan this QR Code. This will take you to our secure online giving platform at Our Sunday Visitor.



Eucharistic Adoration Chapel

Sunday-Friday
 6:00am-12:00am
 Saturday
 6:00am-4:00pm

Chaplet of Divine Mercy
 Fridays at 3:00pm

Confession Times

Tuesday 7:30pm
 Thursday 7:00pm
 Saturday 9:00am

By appointment
info@stcatharine.com
 614-231-4509



LENT

AT ST. CATHARINE

PRAYER, FASTING, ALMSGIVING

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by giving alms, and to practice self-control through fasting.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to exercise self-discipline and fast in other ways throughout the season.

In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs."

ASH WEDNESDAY

Wednesday, February 14th

Holy Mass

7:30am

9:00am

7:00pm

WEEKLY CONFESSION TIMES

Tuesdays • 7:30pm

Thursdays • 7:00pm

Fridays • 7:30pm

Saturdays • 9:00am

*Whether it's been three months, three years, or 30 years since your last Confession, **you can always begin again** and receive the healing mercy of Jesus.*

STATIONS OF THE CROSS

Fridays of Lent

7:30pm

*Confessions will be heard immediately following Stations of the Cross
Children's Stations of the Cross will take place on Good Friday at 9:00am
No evening Stations on Good Friday*

FASTING & ABSTINENCE

Days of Fasting: Ash Wednesday and Good Friday (ages 18-59)

Days of Abstinence: All Fridays in Lent



St. Valentine's

DATE NIGHT

**SATURDAY, FEBRUARY 10TH
6:00PM-9:00PM**

Please join us for a fun night as we celebrate St. Valentine's Day!

We will begin at 6:00pm in the Church with Fr. Toner for a renewal of Marriage Vows, and a special blessing for engaged and dating couples, followed by dinner and dancing in the Parish Center.

\$60 Per Couple • Childcare Provided
www.stcatharine.com



Questions?

Margaret Casey • margaretlcasey@gmail.com

