Reading I: 1 Kings 19:4-8

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it.

He prayed for death saying:

"This is enough, O LORD!

Take my life, for I am no better than my fathers."

He lay down and fell asleep under the broom tree,

but then an angel touched him and ordered him to get up and

Elijah looked and there at his head was a hearth cake and a jug of water.

After he ate and drank, he lay down again,

but the angel of the LORD came back a second time, touched him, and ordered,

"Get up and eat, else the journey will be too long for you!"

He got up, ate, and drank;

then strengthened by that food,

he walked forty days and forty nights to the mountain of God, Horeb.

Responsorial Psalm: 34:2-3, 4-5, 6-7, 8-9

Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad.

Glorify the LORD with me,

Let us together extol his name.

I sought the LORD, and he answered me and delivered me from all my fears.

Look to him that you may be radiant with joy. and your faces may not blush with shame.

When the afflicted man called out, the LORD heard, and from all his distress he saved him.

The angel of the LORD encamps

around those who fear him and delivers them.

Taste and see how good the LORD is;

blessed the man who takes refuge in him.

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Reading II: Ephesians 4:30-5:2

Brothers and sisters:

Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ. So be imitators of God, as beloved children, and live in love, as Christ loved us and handed himself over for us as a sacrificial offering to God for a fragrant aroma.

Alleluia: John 6:51

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

Gospel: John 6:41-51

The Jews murmured about Jesus because he said,

"I am the bread that came down from heaven," and they said,

"Is this not Jesus, the son of Joseph?

Do we not know his father and mother?

Then how can he say,

'I have come down from heaven'?"

Jesus answered and said to them,

"Stop murmuring among yourselves.

No one can come to me unless the Father who sent me draw him.

and I will raise him on the last day.

It is written in the prophets:

They shall all be taught by God.

Everyone who listens to my Father and learns from him comes to me.

Not that anyone has seen the Father except the one who is from God;

he has seen the Father.

Amen, amen, I say to you,

whoever believes has eternal life.

I am the bread of life.

Your ancestors ate the manna in the desert, but they died;

this is the bread that comes down from heaven

so that one may eat it and not die.

I am the living bread that came down from heaven;

whoever eats this bread will live forever;

and the bread that I will give is my flesh for the life of the world."



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Twice a month in the new parish center, St. Catharine families will share a light breakfast and hear a short teaching on that month's topic. Then, families will learn together with activities that involve the whole family! Throughout the month, parents can choose the activities and discussions they will do at home as a family to learn and experience our Catholic Faith.

This fall, St. Catharine is encouraging families with children in kindergarten through eighth grade (and their younger siblings, too!) to attend Family of Faith. Families with children preparing to receive a Sacrament must be enrolled in (and regularly attending) Family of Faith if they are not already enrolled in other religious education classes.



Join us for:

- breakfast
 - a talk
- · & family activites

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9:30 am in the new Parish Center

9/12 - Sharing Faith

9/26 - The Family that Prays Together

10/10 - A Relationship of Love



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Lectio Divina

Before you begin to read, take a moment to place yourself in the presence of God and ask the Holy Spirit to help you to pray.

1

READ

Read the following passage for this upcoming Sunday's Gospel three times very slowly somewhere quiet.

Sunday, August 15, 2021 •Solemnity of the Assumption of the Blessed Virgin Mary • Luke 1:39-56

Mary set out and traveled to the hill country in haste to a town of Judah,

where she entered the house of Zechariah

and greeted Elizabeth.

When Elizabeth heard Mary's greeting,

the infant leaped in her womb,

and Elizabeth, filled with the Holy Spirit,

cried out in a loud voice and said.

"Blessed are you among women,

and blessed is the fruit of your womb.

And how does this happen to me,

that the mother of my Lord should come to me?

For at the moment the sound of your greeting reached my ears,

the infant in my womb leaped for joy.

Blessed are you who believed

that what was spoken to you by the Lord

would be fulfilled."

And Mary said:

"My soul proclaims the greatness of the Lord;

my spirit rejoices in God my Savior

for he has looked with favor on his lowly servant.

From this day all generations will call me blessed:

the Almighty has done great things for me

and holy is his Name.

He has mercy on those who fear him

in every generation.

He has shown the strength of his arm,

and has scattered the proud in their conceit.

He has cast down the mighty from their thrones,

and has lifted up the lowly.

He has filled the hungry with good things,

and the rich he has sent away empty.

He has come to the help of his servant Israel

for he has remembered his promise of mercy.

the promise he made to our fathers,

to Abraham and his children forever."

Mary remained with her about three months

and then returned to her home.

2

REFLECT

Meditate on the passage by sitting in silence and allowing a word or phrase to jump out at you. Perhaps you even put yourself in the scene. What is God saying to you through this?



RESOLUTION

Make a concrete and simple resolution for the day or week ahead based on what God is telling you. Example: Today I will pray a decade of the Rosary before I go to bed for my spouse.

What's happening at St. Catharine

A full calendar of events can be found online at stcatharine.com/calendar

Catechesis of the Good Shepherd is coming to St. Catharine!

Sundays and Wednesdays this Fall

Catechesis of the Good Shepherd (CGS) is a hands-on method of faith formation based on the Montessori method of learning, which takes place in a dedicated prepared space for children called the *atrium*.

The atrium is a special place of work and prayer, filled with kid-sized furniture and hands on models of people, places, and items found in scripture and liturgy. These manipulatives are introduced to the children throughout the year, and each week, the children choose "work" to continue their meditation about particular Scripture texts or signs from the liturgy. Working with these materials, allows the child to enter more deeply into meditation, nurturing their relationship with the Good Shepherd, Jesus Christ.

St. Catharine is offering two times CGS for children ages 3-5, and your child must be fully potty-trained and three years old on, or before, September 1st, 2021.

- Sundays: 9:30am-10:45am // Begins September 12th
- Wednesdays: 8:00am-9:15am // Begins September 15th

If you have a child enrolled in St. Catharine's Preschool or Kindergarten they will have CGS time during their school time, and you do not need to register them separately. Register today at www.stcatharine.com/cgs Questions? Rachel Green • <a href="mailto:regentlemonts-regentl

Communion to the Homebound

Be a light to those who need it the most

Our homebound residents who are unable to come to church are in need of Eucharistic Ministers to make a short visit with Holy Communion on Sunday mornings. You can commit to once or twice per month. Or, maybe you feel called to make phone calls to our parishioners in assisted living facilities who aren't allowed to receive visitors yet. Pray and ask Jesus if this is something to which He is calling you. Contact Sue Denz in the Office info@stcatharine.com 614-231-4509 or Deacon Chris Reis at deaconchris@stcatharine.com

Confession Times		Mass Intentions	
		Sun 8/08	Tom Horvath (8:30am)
Tuesday Thursday Saturday	6:30pm 7:00pm (ADORE Night) 9:00am		Josephine Alexander (11:00am)
			People of the Parish (5:00pm)
		Mon 8/09	Bill Diehl Jr.
		Tues 8/10	Rachael Pallay
Adoration Chapel Hours		Weds 8/11	Mary Jane Pallay
		Thurs 8/12	Carol Klunk
Monday - Friday Saturday Sunday	6:00am - 9:00pm 6:00am - 4:00pm 6:00am - 9:00pm	Fri 8/13	Antoinette Grilli
		Sat 8/14	Jeffrey Kinear
Offering (August 1st	:)		
Total Offering	\$16,112.40	Bishop's Annual Appeal	
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Net	\$15,145.66	- Pledges	\$83,151.00
		Left to go to goal	\$24,582.97
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