SUNDAY, SEPTEMBER 24TH
TWENTY-FIFTH SUNDAY IN ORDINARY TIME

### ORDINARY TIME

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### "Do This in Remembrance of Me" A Step-By-Step Walk Through the Mass

Fr. Luke Spannagel

#### Part 16: The Responsorial Psalm

Sing a joyful song unto the Lord! As the General Instruction of the Roman Missal states, "After the First Reading follows the **Responsorial** Psalm, which is an integral part of the Liturgy of the Word and which has great liturgical and pastoral importance, since it fosters meditation on the Word of God" (General Instruction of the Roman Missal, no. 61). (The "P" in the word "Psalms" is silent, so it sounds like "Salms.")

According to the Glossary in the Catechism of the Catholic Church, a Psalm is "A prayer in the Book of Psalms of the Old Testament, assembled over several centuries; a collection of prayers in the form of hymns or poetry. The Psalms have been used since Jesus' time as the public prayer of the Church." There are 150 Psalms altogether, varying in length from very short (Psalm 117 has only two verses) to incredibly long (Psalm 119 has 176 verses!).

#### **For Every Condition and Time**

The General Instruction of the Roman Missal indicates that the Responsorial Psalm should be sung, and that if "the Psalm cannot be sung, then it should be recited in a way that is particularly suited to fostering meditation on the Word of God" (GIRM, no. 61). We typically repeat a refrain in between the verses. The refrain gives a brief line for meditation, summarizing a theme of a particular Psalm. Speaking of the Psalms, the Catechism states, "Prayed and fulfilled in Christ, the Psalms are an essential and permanent

element of the prayer of the Church. They are suitable for men of every condition and time" (CCC, no. 2597).

Speaking of the use of Psalms in earlier times, the Catechism notes, "The Psalms both nourished and expressed the prayer of the People of God gathered during the great feasts at Jerusalem and each Sabbath in the synagogues. Their prayer is inseparably personal and communal; it concerns both those who are praying and all men" (CCC, no. 2586). The Psalms still have great value for us as well. "Whether hymns or prayers of lamentation or thanksgiving, whether individual or communal, whether royal chants, songs of pilgrimage or wisdom-meditations, the Psalms are a mirror of God's marvelous deeds in the history of his people, as well as reflections of the human experience of the Psalmist [the person writing the Psalm]. Though a given psalm may reflect an event of the past, it still possesses such direct simplicity that it can be prayed in truth by men of all times and conditions" (CCC, no. 2588).

#### **Jesus Prayed the Same Words**

Charles Belmonte reminds us to sing the Psalms with faith and joy, recalling the exhortation of St. Paul: "St. Paul recommends that the faithful gathered waiting for the coming of the Lord sing together psalms, hymns, and spiritual canticles (see Col 3:16). The heart shows its joy by singing. Thus St. Augustine says rightly, 'to sing belongs to lovers.' There is also the ancient proverb: 'One who sings well prays twice' " (*Understanding the Mass*, p. 88).

I appreciate thinking of how our Lord Jesus would have also sung and prayed these same words in the Psalms. Since we know from the Gospels that he regularly went to the Jewish prayer gatherings, we can conclude that he would also have sung the Psalms regularly. There were times he referred directly to the Psalms, such as when he started praying Psalm 22 from the Cross: "My God, My God, why have you abandoned me?"

It doesn't get much better than spending a little time with the Lord using the exact words he used to pray. The next time you have 20 seconds to spare, try praying Psalm 117. If you have 20 minutes, check out a longer passage, like Psalm 119. If you are really feeling bold, try to sing one, whether at Church, working outside, or in the shower. It is always "good to praise the Lord!" (Psalm 92:1)

#### For Reflection:

- 1. As Father Luke recommends, take time to pray with either Psalm 117 or with Psalm 119. If you choose the latter, perhaps select a shorter portion of the Psalm for deeper reflection after you pray with its full length!
- 2. Open your Bible to the Book of Psalms and allow yourself to "wander" through the pages. Find and pray with a Psalm that speaks to you at this moment in your life. For an additional challenge, find and pray with a Psalm that does not seem relevant to you at this time, bringing to this prayer the needs and intentions of those in other situations.

Source: www.eucharisticrevival.org/blog





#### JOIN THE FAMILY!

### Are you registered at St. Catharine Church? What are you waiting for?



#### A NOTE ON PARISH MEMBERSHIP AND THE IMPORTANCE OF BEING REGISTERED

The word parish comes to us from the Jews and references a particular group of pilgrim people. The Church now uses it to denote a particular church community in a diocese, on pilgrimage to the Heavenly Jerusalem. This local parish community is under the care of a pastor who is under the authority of the local bishop. This provides for the mission of the Church - the care and sanctification of the faithful at the parish church and the church's outreach of evangelization and works of mercy in the local area.

By registering at a parish, you are declaring your desire to be part of a Catholic faith community. If you have recently moved to the area or have been worshiping with us for a while, but haven't registered in the parish, please do so soon. Additionally, sometime after a young adult turns 18 and has stability in this (or another) community, he/she should register in the local parish church.

Parish Registration is not a passive process. You may be surprised to learn that if you were married here, if your child attends St. Catharine School, or if you grew up at St. Catharine, for example, you are not automatically registered once you become an adult.

Why should you register at St. Catharine or another Catholic Parish?

- A sense of belonging and identity in a parish community
- It is a commitment to practice your faith
- Registration enables the parish pastor and staff to get to know you better, to welcome you and to better minister to you. This is especially important during a time of sacramental preparation for a child, a time of engagement toward preparing for matrimony, or a pastoral crisis of an illness or death.
- Registration helps you stay connected with your parish and helps your parish stay connected with you. Providing your contact information is
  important so that parishes provide you with timely updates via email, direct mail, phone, etc. Once you are registered, please notify the parish
  office of any changes in address or phone number!
- Accurate Census numbers can help aid local parish care and programs within the diocese.

SCAN ME

















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## October 5th Little Saints



Preschool aged little ones and their caregivers learn about our Catholic Faith and the lives of the Saints! (9:30 - Lower Level)



### October 19th Story Time with Jesus



Preschool aged little ones and their caregivers come for a story and a short time of guided Adoration! (9:30 - Gallery)

# OHIO MARCH FOR LIFE

#### WHEN:

Friday, October 6, 2023

#### **WHERE:**

Ohio State Capitol, West Steps

1 Capitol Square, Columbus, OH 43215

#### **SCHEDULE**

11:00 a.m. OH March for Life Rally at Statehouse Steps

12:00 p.m. OH March for Life



For more information and FAQ visit:

OH.MarchforLife.org









Do **YOU** want to do something locally to make an impact for the moms and babies of our community?

Come pray the Mass with

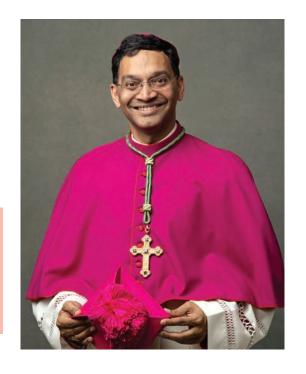
His Excellency, Earl K. Fernandes,

Bishop of Columbus and the Women's Care Center!

# THURSDAY OCTOBER 19TH 5:30 PM

Please join us after Mass for Exposition, a Rosary, and Benediction followed by pizza-to-go!

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# WOMEN'S CARE CENTER

In honor of families and the protection of life ahead of our upcoming elections.

Issue 1 is an extreme
amendment on the Ohio
ballot this November that
threatens the health and
safety of women, the rights
of parents and the lives of
preborn babies up to 9 months.



# Join Catholics across Ohio in praying a 54-Day Rosary Novena

for the protection of human life and dignity and the defeat of this dangerous amendment.

This week the Sorrowful Mysteries will be prayed each day.

Sign up for a daily email reminder with novena prayers here, or at **pray54ohio.org.** 





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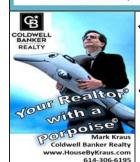


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with Sr. Mary Ann Fatula, O.P. Friday, September 29th • 6:00pm

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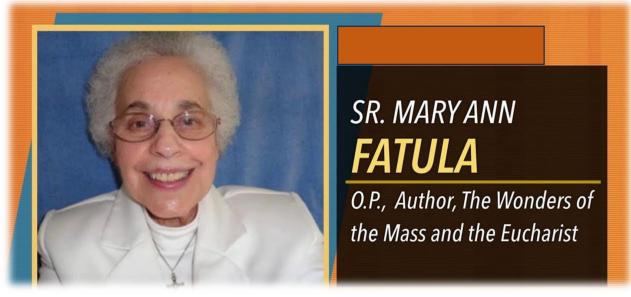
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We will learn how to rest in the Lord's intimate physical presence and gain peace of soul, receiving the remedy for temptation, sweetness in struggles, and healing from pain.



#### The Next Two Weeks...

Week of September 24th The Twenty-fifth Week in Ordinary Time

Week of October 1st The Twenty-sixth Week in Ordinary Time

#### Sunday, September 24th

Twenty-fifth Sunday in Ordinary Time

8:30am Holy Mass (People of the Parish) 11:00am Holy Mass (Samantha Roberts) 5:00pm Holy Mass (Emma Petrosky)

High School & Middle School Youth Group 6:00pm

BELONG: New Parishioner Dinner 6:00pm

Monday, September 25th

8:00am Holy Mass (Mary Jane Pallay)

6:30pm

Tuesday, September 26th

Memorial of Sts. Cosmas and Damian, Martyrs 7:00pm Holy Mass (Janet Gallen)

7:30pm Confessions

Wednesday, September 27th

Memorial of St. Vincent de Paul, Priest

Holy Mass (Bill & Loretta Stanton) 9:00am

7:00pm Choir Practice

Thursday, September 28th

7:30am Men's Rosary

8:00am Holy Mass (Bernard & Nelle Alexander)

7:00pm ADORE Night (Confession & Adoration)

Friday, September 29th

Feast of Sts. Michael, Gabriel, and Raphael, Archangels

No School

8:00am Holy Mass (Beau & Mat Templeton)

7:00pm Jesus and the Eucharist with Sr. Mary Ann Fatula

Saturday, September 30th

Memorial of St. Jerome, Priest and Doctor of the Church

6:30am That Man Is You!

8:30am Holy Mass (Chris, Lib & Sissy Whilhelmy)

9:00am Confessions

Offering (Sunday, September 17th)

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at Our Sunday Visitor.

Thank you for your generosity!

Sunday, October 1st

Twenty-sixth Sunday in Ordinary Time 8:30am Holy Mass (Tom Easly)

11:00am Holy Mass (People of the Parish)

5:00pm Holy Mass (Ross Gaiteri) High School Youth Group 6:00pm

Monday, October 2nd

Memorial of the Guardian Angels

8:00am Holy Mass (Thomas Fredrick Beck)

6:30pm

Tuesday, October 3rd

Holy Mass (Margaret Petrosky) 7:00pm

Confessions 7:30pm

Wednesday, October 4th

Memorial of Saint Francis of Assisi

9:00am Holy Mass (Lucy Kilbane)

7:00pm Choir Practice

Thursday, October 5th

Memorial of St. Faustina Kowalska 9:30am Little Saints

Holy Mass (Beau & Mat Templeton) 8:00am

6:15pm First Reconciliation/First Communion Parent Meeting

7:00pm ADORE Revival Night (Confession & Adoration)

Friday, October 6th

8:00am Holy Mass (Richard Lumpe)

2:15pm All School Rosary

Saturday, October 7th

Memorial of Our Lady of the Rosary 6:30am That Man Is You! 6:30am Women at the Well

8:30am Holy Mass (Kevin Creedon)

9:00am Confessions

**Eucharistic Adoration Chapel** 

Sunday-Friday 6:00am-12:00am

Saturday

6:00am-4:00pm

Chaplet of Divine Mercy

Fridays at 3:00pm

**Confession Times** 

Tuesday 7:30pm **Thursday** 7:00pm Saturday 9:00am

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