

SUNDAY, MARCH 3RD, 2024  
THIRD SUNDAY OF LENT

ישוע ברקבי כרגה יהודים  
IHSOYX NAZOIOE BALEIEX IOYAAION  
IESVS NAZARÆVS REX IVDÆORVM



# LENT

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*God so loved the world that he gave his only Son, so that everyone who believes in him might have eternal life.*

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# The Mass

## ***“Do This in Remembrance of Me”*** **A Step-By-Step Walk Through the Mass**

Fr. Luke Spannagel

### ✠ **Part 37: Silent, Humble, Contrite** ✠

As we continue our walk through the **Offertory** of the Mass, have you ever noticed that sometimes the priest is saying something you can't hear (or can barely hear)? As we have reflected on previously, there are moments in the Mass—such as before proclaiming the Gospel—where the priest prays a prayer silently or quietly. These prayers are to prepare the priests (or deacons) for what comes next; they provide a moment of reflection for the priest and open his heart. Another one of these quiet prayers happens after the offering of bread and wine during the Offertory.

#### **We offer ourselves...**

After placing the bread and wine on the altar, the priest bows and says quietly, “With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, Lord God.” As the Diocese of Peoria explains, “In this prayer, the priest silently speaks in his own name and on behalf of all the faithful, asking that God accept the sacrifice and find us in humility



and contrition" (*A Study of the Mass*, p. 12). The priest acknowledges the truth about how much we need God and that we at times fall short of living up to his standards. With that mindset, the priest is asking God to accept us and the sacrifice as we are, not faulty Christians who have given up and thrown in the towel, but honest Christians who admit our shortcomings and yet strive toward that perfection to which God calls us.

Reflecting on this prayer, Edward Sri invites us: "Notice how the sacrifice envisioned in this prayer is not some thing being offered to God, like bread and wine, but the people assembled: 'May we be accepted by you...'. This theme, as well as the mention of a humble spirit and contrite heart, recalls the petition of the three Hebrew men thrown in the fiery furnace in Daniel [Chapter 3]" (*A Biblical Walk Through the Mass*, p. 90). If you have read this interesting story, you know that these three faithful men would not worship a false image made of gold by King Nebuchadnezzar. As punishment, they were thrown into a burning furnace, heated seven times more than normal. Instead of burning, the three men walked around unharmed and began singing a long hymn of praise to God. This hymn praises God for his goodness, recalls the many blessings he has given to his people, and then asks every part of creation to sing praise to God. Just before this last part, the three men say to God that they offer all they have (which is themselves) and ask him to accept them as if they were providing the best offering one could imagine (tens of thousands of rams, bulls, and fat lambs).

### **... and receive God himself.**

Our prayer in the Mass, which echoes the prayer of the three faithful men, works in a very similar way. We have just said to God that we offer him the gifts of bread and wine, which are not much even by human standards. Along with the bread and wine, we have ourselves to offer, and we all know that sometimes we are not very worthy offerings to God either. Yet, we ask God to accept what we offer as if it were good and pleasing to him. And what is God's response? For the last 2000 years of Masses, no matter how big or small the congregation, no matter how strong or how weak their faith, no matter how worthy (or unworthy) we think our offerings are, God accepts them. As if that weren't enough, God in his love and generosity does something unbelievable with our meager offerings. He changes them into the very Body and Blood of Jesus Christ! God accepts the bread and wine from us and gives us back the gift of himself! What a generous exchange! What a great God we have!

### **For Reflection:**

1. Reflect on Daniel 3 and pray with the words of the three young men in the fiery furnace.
2. This prayer at the conclusion of the Offertory was at one time called the "Secret." Consider these words from the Book of Tobit: "A king's secret should be kept secret, but one must declare the works of God and give thanks with due honor" (Tob 12:7, 11). Reflect on the intimate values you hold in "sacred silence" within your own heart. Allow this sense of reverence and wonder at God's generosity to inspire how you participate in the Offertory prayer at Mass.

Source: [www.eucharisticrevival.org/blog](http://www.eucharisticrevival.org/blog)



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# FILL A PLATE

FOR OUR NEIGHBORS IN NEED

## WAYS TO HELP

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**Purchase items** on the suggested list, double bag them in paper bags, and place them on top of the wooden collection boxes at the Church entrances. You can make a bag of the essential items or purchase multiple quantities of individual items.

**Make a donation** to the St. Vincent de Paul Society and we will purchase the food to give to the needy. Please put your donation in an envelope marked "SVDP Fill a Plate" and place it in the collection basket or mail/drop at the Church office any time.

## SUGGESTED ITEMS

- Cans of fruit
- Cans of vegetables
- Soup
- Cans of tuna or chicken
- Pasta and sauce
- Cans of whole meals (chili, pasta, stews)
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- Cereal
- Crackers

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# Christ the King/St. Catharine Appalachian Project



## What is the Appalachian Project?

- \* An outreach program that serves the disadvantaged families in southern Ohio since 1994
- \* Participants are 9th grade through college-age students assisted and trained by a team of skilled adults
- \* Volunteers are expected to attend monthly meetings to form community, learn construction skills, discuss social justice and Appalachian culture
- \* During our project week we provide home repairs, such as painting, siding, building decks, etc
- \* Every year, the Appalachian Project is full of faith, fellowship, fun, and hard work!

### Meet

Monthly Meetings @  
Christ the King

7 - 8 PM

March 3

April 7

May 5

June 2

### ?’s

[https://  
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/view/  
appalachianpro  
ject94/home](https://sites.google.com/view/appalachianproject94/home)



### Cost

For each participant the cost is \$100.

Opportunities to reduce the cost are available.



No skills are needed, just a hammer, safety glasses, a pair of work gloves, and a generous spirit.



We camp in sleeping bags at Holy Trinity Parish Hall, Pond Creek and all meals are provided.



2024 Project Work week:  
Sunday June 23 -  
Saturday June 29



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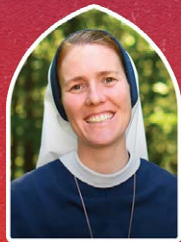
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The Emmaus Road Scholarship Fund is a Scholarship Granting Organization of the Diocese of Columbus. This fund benefits students in the Diocese of Columbus Catholic schools, including St. Catharine School!

**How does the Emmaus Road Scholarship Fund help St. Catharine School?** Donations to the Fund make high-quality Catholic education accessible and affordable for all of our school families. Low-income school students are prioritized, helping families bridge the gap in funding between the price of tuition and other available tuition assistance resources. Other sources of funding, including Ed Choice, are not sufficient to cover the cost to educate the children at St. Catharine School. This Fund greatly helps families afford Catholic education in our school.

**I don't have kids in the school, how does a contribution help the parish?** Contributions to the Emmaus Road Scholarship Fund reduce the amount of support needed from the parish to operate St. Catharine School. Whether you have no school age children, you home school, or you send your kids to public school, a donation to the Emmaus Road Scholarship Fund provides a material benefit to parish finances. If you have parents, siblings, cousins, friends, etc. who are Ohio taxpayers, they can also contribute to the Fund and make a meaningful impact on families in our school and parish.

**How much can I donate?** For purposes of the Ohio tax credit, \$750 per person per year (\$1,500 for those married filing jointly) can be claimed.

**Can I donate specifically to St. Catharine School?** Yes! Donations can be earmarked for St. Catharine School. When making the gift online (<https://www.emmausroadscholarship.org/gift>), you can choose St. Catharine School in the "School Designation" field.

**What if I didn't make a gift during calendar year 2023?** It's not too late to make a gift for 2023 that can be claimed on your tax return for last year. If you make the gift by April 15, 2024, you can claim the credit at the time you file your 2023 Ohio income tax return. You cannot claim the credit for both the 2023 and 2024 tax filings; however, provided you make at least one gift prior to the April 15, 2024, filing deadline, you can make a second gift in 2024 to claim the credit for both years.

**Is this a tax deduction or a tax credit?** Your donation is a tax credit on your Ohio income tax return that is entered on the Ohio Tax Return Schedule of Credits, line 15. If you itemize your federal deductions, the donation is also an eligible charitable deduction that can be included on your Schedule A, which means you could actually save money by making the gift(s).

**I'm expecting a refund for 2023, would I still benefit?** The credit is an offset against your Ohio income tax liability before factoring in any Ohio tax withholdings or estimated payments. As an example, if your Ohio income tax liability is \$4,000 and your employer withheld \$4,250 from your paychecks during the year, a \$750 donation (\$1,500 for married filing jointly) to the Fund would result in you getting a \$1,000 Ohio income tax refund (\$1,750 for married filing jointly). So long as you have at least \$750 in Ohio tax liability before withholdings/estimated payments (\$1,500 for married filing jointly), you can receive the maximum credit. Any amount can be contributed, even if your tax liability is lower, the credits are simply capped at \$750 per person (\$1,500 for married filing jointly).

**How do I support the claim for my credit?** The Office of Catholic Schools will generate and mail donor receipts to support your claim for the credit and any federal tax deduction. This can be provided to the Ohio Department of Taxation if proof of donation is requested.

**\*\*Please consult your tax advisor for more information, credit cannot exceed Ohio tax.\*\***



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# The Next Two Weeks...

## Week of March 3rd Third Week of Lent

### Sunday, March 3rd

*Third Sunday of Lent*

8:30am Holy Mass (William Manierre Jr.)  
9:30am Lent for Families  
11:00am Holy Mass (Anthony Caridi)  
5:00pm Holy Mass (People of Parish)  
6:00pm Middle School Youth Group

### Monday, March 4th

*Memorial of St. Casimir*

8:00am Holy Mass (Jeanne Herbert)  
6:30pm Family of Faith  
6:30pm Scouts  
7:00pm Choir Practice

### Tuesday, March 5th

7:00pm Holy Mass (Lola Brunetto & Joe Brunetto II)  
7:30pm Confessions

### Wednesday, March 6th

6:30am *Working Challenges: Men's Retreat Series*  
9:00am Holy Mass (The Pasch Family)

### Thursday, March 7th

*Memorial of Sts. Perpetua and Felicity, Martyrs*

8:00am Holy Mass (Intentions of the Burkhardt Family)  
9:30am Little Saints  
3:15pm Courageous Daughters of the Eucharist  
5:30pm Squires of St. Catharine  
6:00pm *Eucharist: Discovering the Mass in the Bible*  
7:00pm ADORE Revival Night (Confession & Adoration)

### Friday, March 8th

*Memorial of St. John of God, Religious*

8:00am Holy Mass (John L. Eberts)  
2:15pm School Stations of the Cross  
5p-7:30 Knights of Columbus Fish Fry  
7:30pm Stations of the Cross & Confessions

### Saturday, March 9th

*Memorial of St. Frances of Rome, Religious*

7:15am That Man Is You!  
8:30am Holy Mass (Living & Deceased of the Sarko Family)  
9:00am Confessions  
10:00am Pre-Cana Retreat

## Week of March 10th Fourth Week of Lent

### Sunday, March 10th

*Fourth Sunday of Lent: Laetare Sunday*

8:30am Holy Mass (John Dendiu)  
9:30am Catechesis of the Good Shepherd  
9:30am First Communion/Reconciliation Prep  
11:00am Holy Mass (Thomas Fredrick Beck)  
5:00pm Holy Mass (People of Parish)

### Monday, March 11th

*No School March 11th-15th: Spring Break*

8:00am Holy Mass (Patricia Lucas)  
6:30pm Scouts  
7:00pm Choir Practice

### Tuesday, March 12th

7:00pm Holy Mass (Patricia Lucas)  
7:30pm Confessions

### Wednesday, March 13th

9:00am Holy Mass (Richard Lumpe)

### Thursday, March 14th

8:00am Holy Mass (Rose Adamescu)  
9:30am Little Saints  
3:05pm Society of St. Clare  
6:00pm *Eucharist: Discovering the Mass in the Bible*  
7:00pm ADORE Night (Confession & Adoration)  
7:30pm Knights of Columbus

### Friday, March 15th

8:00am Holy Mass (John Robert Barra)  
7:30pm Stations of the Cross & Confessions

### Saturday, March 16th

7:15am That Man Is You!  
8:30am Holy Mass (Bill Diehl Sr. and Jr.)  
9:00am Confessions  
10:00am *Eucharist: Discovering the Mass in the Bible* Retreat

## St. Vincent De Paul Society March Food Pantry Need Canned Fruit

Please leave donations at wooden boxes near Church entrances.

### Sunday, February 25th

Total Offering \$15,297.01  
~~Diocesan Tax -\$1,223.76~~  
Net \$14,073.25

Seminarian Fund: \$5,047.00

### Sunday Mass Attendance

8:30am 378  
11:00am 332  
5:00pm 263  
Total 973

### Securely Give Online

To quickly give online, simply scan this QR Code. This will take you to our secure online giving platform at Our Sunday Visitor.



### Eucharistic Adoration Chapel

**Sunday-Friday**  
6:00am-12:00am  
**Saturday**  
6:00am-4:00pm

**Chaplet of Divine Mercy**  
Every Friday at 3:00pm

### Confession Times

**Tuesday** 7:30pm  
**Thursday** 7:00pm  
**Saturday** 9:00am

**By appointment**  
[info@stcatharine.com](mailto:info@stcatharine.com)  
614-231-4509





# LENT

## AT ST. CATHARINE

### **PRAYER, FASTING, ALMSGIVING**

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by giving alms, and to practice self-control through fasting.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to exercise self-discipline and fast in other ways throughout the season.

In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs."

### **WEEKLY CONFESSION TIMES**

Tuesdays • 7:30pm

Thursdays • 7:00pm

Fridays • 7:30pm

Saturdays • 9:00am

*Whether it's been three months, three years, or 30 years since your last Confession, **you can always begin again** and receive the healing mercy of Jesus.*

### **STATIONS OF THE CROSS**

*Fridays of Lent*

*7:30pm*

*Confessions will be heard immediately following Stations of the Cross  
Children's Stations of the Cross will take place on Good Friday at 9:00am  
No evening Stations on Good Friday*

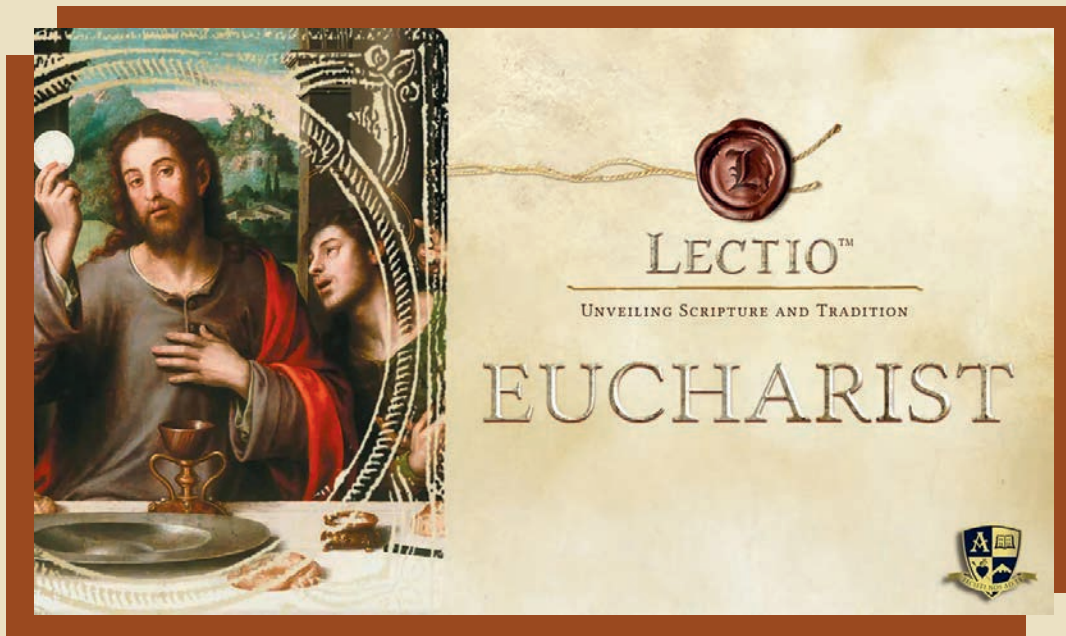
### **FASTING & ABSTINENCE**

Days of Fasting: Ash Wednesday and Good Friday (ages 18-59)

Days of Abstinence from meat: Every Friday



## FRESH BAKED BREAD AND HOT SOUP



## EVERY THURSDAY OF LENT AT 6:00PM FOLLOWED BY ADORE AT 7:00PM

"The Lamb of God," "The Bread of Life," "The Body and the Blood of Christ"... these are phrases we know from the Mass. But do we understand what they mean in the greater and deeper context of Scripture and Church teaching? Join us to watch the series and discover God's wondrous plan for our salvation.

In this 10-part series acclaimed author and teacher Dr. Brant Pitre digs down to the biblical roots of the Eucharist, through its foreshadowing in the miraculous events of the Old Testament, the Gospels, and Apostolic teaching.

Mike Denz • [mike@stcatharine.com](mailto:mike@stcatharine.com)  
Register at [www.stcatharine.com/sacred-thinking](http://www.stcatharine.com/sacred-thinking)