# ORDINARY TIME

ST. CATHARINE CHURCH

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

614-231-4509 500 S GOULD RD COLUMBUS, OH 43209 WWW.STCATHARINE.COM





## "Do This in Remembrance of Me" A Step-By-Step Walk Through the Mass

Fr. Luke Spannagel

## Part 5: Altar Kiss

Why is Father kissing that table? Have you noticed that, during the entrance hymn or antiphon, the celebrant approaches the altar and kisses it? Why does he do that? As Charles Belmonte explains in his book, Understanding the Mass: "As a sign of veneration, the priest and deacon (if there is one present) kiss the altar... The altar symbolizes the heart of the Church. It is the Lord's table and the center of the Eucharistic action. It has always been considered a symbol of Christ. That is why we cover the altar with a cloth, out of reverence for the celebration of the memorial of the Lord's sacrifice" (Understanding the Mass, p. 49).

#### What Is the Significance of a Catholic Altar?

According to the Catholic Encyclopedia, "altar" comes from the Hebrew word meaning "place of sacrifice" (Catholic Encyclopedia, p. 31). Perhaps this reminds us of the many altars erected throughout the Old Testament where sacrifices were offered to God. Altars were erected in special places where the people had an encounter with God, which then became places of prayer. This background leads us to the current altars in our churches, where the Sacrifice of the Mass is celebrated and we encounter Christ truly present in the Eucharist. We call the Mass a sacrifice because we are given an opportunity to share in the one perfect sacrifice of Jesus on the cross. Jesus Christ–body, blood, soul, and divinity–becomes present during the Eucharistic Prayer at Mass. Jesus Christ, God Himself, is present there with us! No wonder we give the altar special honor as the place where we encounter Christ dwelling among us!

#### More Than A Simple Gesture

As Belmonte continues, "To kiss the altar is to kiss Christ. It is then understandable that we want to make ours this kiss of the celebrant. It evokes in our memory the many kisses of that sinful woman in the Pharisee's house. She could not cease to kiss Christ's feet, washing them with her tears. Great sins were forgiven her because she loved so greatly (Lk 7:38). And we have so many faults to ask pardon for! Now, by this kiss, the priest also signifies the union of the Spouse (Christ) with his Bride (the Church)... [W]hat the priest is beginning to accomplish here is nothing other than to forge the union of the Church with her Master, of the soul with its Redeemer" (Understanding the Mass, p. 49). As you may realize, kissing the altar is more than a simple gesture!

#### **Relics of Those Who Have Gone Before Us**

Given the dignity of the altar, it is fittingly constructed in a special way. "In keeping with the Church's traditional practice and with what the altar signifies, the table of a fixed altar should be of stone and indeed of natural stone. In the Dioceses of the United States of America, wood which is dignified, solid, and well-crafted may be used, provided the altar is structurally immobile" (GIRM, no. 301). Altars typically also have a special set-in stone that contains the relic of a saint. The relic is usually a small bone fragment from one of the martyrs or perhaps a saint that is the patron or namesake for a particular church building. The tradition of the relic can be traced back to the first centuries of Masses celebrated at the burial places of the martyrs or in the catacombs.

For me as a priest, I often think of the saint at the altar and about his or her life and faithfulness to Christ. I think about how the witness of faith helps to strengthen us now. I remember that the intercession of the saints assists us in our own day. In celebrating Mass this way, there is a special connection between the Body and Blood of Jesus Christ and the way the Eucharist strengthened that particular saint—to say the least, a great reminder of how the Eucharist strengthens us for holy and faithful life in Christ!

#### For Reflection:

1. Pray with the account of the woman who kisses Jesus' feet in Lk. 7:36-50. Reflect on God's saving love in your own life, and consider how you can express your grateful love through reverence for Christ's Body.

2. Make your own the Psalmist's desire: "That I may come to the altar of God, to God, my joy, my delight" (Ps. 43:4). Next time you participate in Mass, pay attention to the kiss of the altar and unite yourself spiritually to this act of loving reverence towards God, our joy and delight.



Source: www.eucharisticrevival.org/blog

## Take your next step...

Ministry in the Liturgy is a sacred privilege in which we offer back to God what He has given us; in service to Him and in service to others.

Whether participation is through "behind the scenes" preparation and planning or through a public role of service within the Mass, parishioner contributions help our liturgies to be truly life-giving celebrations.

## Please prayerfully consider joining one of these ministries.

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## LITURGICAL MINISTRY? VISIT WWW.STCATHARINE.COM/LITURGICAL-MINISTRY OR EMAIL INFO@STCATHARINE.COM

#### **Extraordinary Minister of Holy Communion**

ARE YOU INTERES

These ministers assist with the distribution of Holy Communion at Mass. All ministers of Holy Communion should show the **greatest reverence for the Most Holy Eucharist** by their demeanor, their attire, and the manner in which they handle the consecrated bread or wine, which is the true Body and Blood of Jesus.

### Hospitality Ministry

**IN SERV** 

As the first person our parishioners and visitors encounter when they come to St. Catharine, the hospitality minister acts as the face of Jesus and His church.

#### Lector

A lector is the person who proclaims the first or second reading at Mass. This person also may lead the Prayers of the Faithful at Mass (in the absence of the deacon). This ministry in the Church requires a person who is of excellent character and serious about the practice of his or her faith.

The lector must believe that Sacred Scripture is the Word of God and have deep respect for God's presence in that Word.







Monday, July 31st - Friday, August 4th, 2023 9:00am - 12:00pm

How did Jesus love people? Children in grades 1-5 are invited to find out! Join us for a fun filled week of games, stories, and music to celebrate God's great mercy and love for each of us.

Sign up now at stcatharine.com! Cost: \$35.00 Questions? toni@stcatharine.com



SIGN UP NOW FOR

Mercy Week service

love like Jesus, feed the hungry. give drink to the thirsty, clothe the naked, shelter the homeless, visit the sick, visit the imprisoned, love like Jesus

## Monday, July 31st - Friday, August 4, 2023 9:00am - 12:00pm at St. Catharine

When we love and serve others, we love and serve God. It's going to be a busy week as we serve Sole Hope, Run the Race, the homeless of Columbus, prison ministry, the homebound of our parish, Statewide Services and Outreach - School for the Blind, our parish sandwich ministry, and Mary's Meals! Preparing for Confirmation next year? Come to Mercy Week Service! The week is open only to middle school students who are ready to pray and love like Jesus.

> Sign up online at stcatharine.com Cost - \$35. Space is limited Questions? toni@stcatharine.com



## WOMEN'S RETREAT

# TO THE HOLY SPIRIT

Saturday, July 22 from 8:30am-1pm a) St. Catharine Parish

## JOIN US FOR:

Holy Mass + Confession Talks featuring Monica Richards + Dorothy Allwein Adoration + Praise and Worship Guided watercolor experience Small group discussions Food + Fellowship

Cost: \$25

LEARN MORE ABOUT THIS POWERFUL RETREAT, VIEW THE SCHEDULE, CHECK OUT OUR DYNAMIC SPEAKERS + REGISTER ONLINE @ stcatharine.com/summer-retreat



Questions? Contact Sarah Mangia, sarahcmangia@gmail.com

# FEASTING

Celebrate the feasting and fasting of our Catholic Faith with your family all year long!

#### 7/11 Saint Benedict

Celebrate with Italian tonight.

7/12 Saints Zelie and Louis Martin Hey Mom and Dad - go on a date!

#### 7/14 St.Kateri Tekakwitha

Wrap small wooden crosses to leave in the woods (or around town!)

#### 7/16 Our Lady of Mt. Carmel

Make your own caramel for Our Lady of Mt. Carmel sundaes.

#### 7/22 Saint Mary Magdalene

It isn't Easter, but St. Mary Magdalene discovered the empty tomb, so remember the resurrection of Jesus with resurrection rolls. Find the whole story with easy recipes online.

#### 7/25 St. James (& St. Christopher)

Go on a family a pilgrimage! Learn about the Way of St. James and walk to the Chapel together to visit Jesus in the Blessed Sacrament. #pray4Ben

7/27 Saints Joachim and Anne

Call your grandparents!

7/29 Saint Martha Prepare a family meal together.

#### July 11 - Feast of Saint Benedict

Saint Benedict is from Italy, so celebrate this feast with a

simple Italian dinner of pasta with salad and Italian bread or just order pizza. One blogging family turned their pizza into a Saint Benedict medal with pepperoni! Consider adding Saint Benedict's prayer to your usual prayer before meals. Or, how about hot crossed buns for breakfast? There is a legend that when Saint Benedict was served a poisoned roll by his enemies, he blessed it and a cross appeared on the top of the roll. In the Middle Ages, monks would pass out rolls (with a cross cut into them) to the poor who came to their door. You could use store bought

cinnamon rolls (make the crosses with the frosting) or biscuits - or for a challenge, a quick look online for "easy hot crossed buns recipe" will give you lots of choices.

#### July 12 - Saints Zelie and Louis Martin

We know them best as the parents of St. Thérèse of Lisieux but St. Zelie and St. Louis are also wonderful models of holiness for us. Did you know that they are only the second married couple to be canonized? Mom and Dad - celebrate this feast by going on a date! Hire a babysitter and enjoy some time together.



#### July 14, Saint Kateri Tekakwitha



St. Kateri is the first ever Native American canonized Saint. She is from the Mohican tribe and is also known as the Lily of the Mohawks. Her mother was a Christian and told St. Kateri stories about Jesus when she was a child. St. Kateri was known for leaving little crosses around in the woods. Want to give it a try? Wrap two sticks in the shape of a cross with string and leave it for someone to find. For a modern take on this, try painting

rocks with colorful crosses and hiding them around town.



July 16 - Our Lady of Mt. Carmel

Our Lady of Mt. Carmel is the title given to the Blessed Virgin Mary in her role as patroness of the Carmelites. The first Carmelites were Christian hermits living on Mt. Carmel in the Holy Land, following the example of the

Old Testament prophet Elijah. Make your own caramel with this easy recipe>>> (just 4 ingredients!) and have Our Lady of Mt. Carmel Sundaes!



#### July 29, Saint Martha

We all know the familiar story of how, as Martha was busy preparing

a meal for everyone, her sister Mary sat at the feet of Jesus. In honor of St. Martha, allow everyone to participate in preparing a family dinner. Older children can cook or help cook dinner. Younger children could help set and clear the table. Allow the youngest children in your family to help wherever possible - set napkins, carry cups, mix ingredients, etc. Plan the meal together and consider how to get everyone involved. Try "deconstructed" meals with ingredients each child can help prepare (like tacos, salads, or power bowls



with toppings). Everyone must help clean up! Don't forget to be patient and offer lots of encouragement.

#### July 25, Feast of St. James (& St. Christopher)



Was St. Christopher real or legend? Maybe it doesn't really matter. His name means "Christ-bearer" - which we are all called to be: bearers of Christ to others. He is the patron Saint of travelers. How beautiful that we remember St. Christopher on the feast day of St. James - the great Apostle who traveled across Europe to share the Good News of Jesus Christ.

The Camino (Way of St. James) is a network of pilgrim routes leading to the shrine of the Apostle St. James the Great in Spain. Seminarian Ben Van Buren from St. Catharine is walking the Camino this summer. Celebrate the Feast of St. James with a family pilgrimage to our Adoration Chapel and say a prayer for Ben while you are there.

#### July 31 - August 4 (9am-12pm), Mercy Week at St. Catharine!

#### Mercy Week VBS

Grades 1-5 will celebrate God's great mercy with prayer and stories, Eucharistic Adoration, music, and games.



#### Mercy Week Service

Older students will offer service to the homeless, cut shoes for Sole Hope, make literacy packs, and more!

Sign up online at stcatharine.com .

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## The Next Two Weeks...

	Week of July 9th The Fourteenth Week of Ordinary Time		Week of July 16th The Fifteenth Week of Ordinary Time
Sunday, July 9th		Sunday, July 16th	
Fourteenth S	Sunday in Ordinary Time	Fifteenth Sur	nday in Ordinary Time
8:30am	Holy Mass (Laura Gardner)	8:30am	Holy Mass (Donna Seidel)
11:00am	Holy Mass (Raymond Bichimer)	11:00am	Holy Mass (Intentions of Melissa Frederick)
5:00pm	Holy Mass (People of the Parish)	12:00pm	Coffee and Donuts!
6:00pm	Catechism in a Year Dinner & Discussion Group	5:00pm	Holy Mass (People of the Parish)
Monday, Jul	y 10th	Monday, Jul	y 17th
8:00am	Holy Mass (Jim Gillilan)	8:00am	Holy Mass (Bill Diehl Senior and Junior)
6:30pm	Scouts	6:30pm	Scouts
Tuesday, Jul	y 11th	Tuesday, July	y 18th
	St. Benedict, Abbot		St. Camillus de Lellis, Priest
7:00pm	Holy Mass (Joseph Ridgeway)	7:00pm	Holy Mass (Camillus Musselman)
7:30pm	Confessions	7:30pm	Confessions
Wednesday,	July 12th	Wednesday, July 19th	
8:00am	Holy Mass (Don Borowy)	8:00am	Holy Mass (Jimmy Corrova)
Thursday, Ju	ıly 13th	Thursday, Ju	ly 20th
Memorial of St. Henry		Memorial of St. Apollinaris, Bishop and Martyr	
8:00am	Holy Mass (Madeleine Curtis)	8:00am	Holy Mass (Jim Gillilan Jr.)
7:00pm	ADORE Night (Confession & Adoration)	7:00pm	ADORE Night (Confession & Adoration)
7:30pm	Knights of Columbus	8:00pm	Women's Holy After Hour
Friday, July 14th		Friday, July 2	21st
Memorial of Saint Kateri Tekakwitha, Virgin		Memorial of	St. Lawrence of Brindisi, Priest and Doctor of the Church
8:00am	Holy Mass (Michael Moriarty)	8:00am	Holy Mass (John Callahan)
Saturday, July 15th		Saturday, July 22nd	
Memorial of Saint Bonaventure, Bishop and Doctor of the Church		Feast of St. Mary Magdalene	
8:30am	Holy Mass (Jim Luchtenberg)	8:30am	Surrender to the Holy Spirit: Women's Retreat
9:00am	Confessions	8:30am	Holy Mass (Dennis McCarthy)
		9:00am	Confessions
04			Eucharistic Adoration Chapel
Offering (Sunday, July 2nd) Securely Give Online To quickly give online, 전자		Sunday - Fri	<b>day</b> 6:00am - 12:00am

Total Offering	\$15,940.05
Less 6%	\$956.40
Net	\$14,983.65

To quickly give online, simply scan this QR Code. This will take you to our secure online



Saturday

giving platform at Our Sunday Visitor. Thank you for your generosity!

	Eucliding the Automation endpen		
Sunday - Frid	<b>ay</b> 6:00am - 12:00am		
Saturday	6:00am - 4:00pm		
	Confession Times		
Tuesday	7:30pm		
Thursday	7:00pm (ADORE Night)		

9:00am

614-231-4509 500 S Gould Rd Columbus, OH 43209

# EVERY/THURSDAY 7:00PM

## CONFESSION EUCHARISTIC ADORATION PRAISE & WORSHIP



& &

What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in Holy Hours of prayer.

St. Teresa of Calcutta