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Parish Office: Mon-Thurs 8:30am-3pm • Fri 8:30am-12pm







We're so glad to see you! God loves you, and He has a great plan for your life! If you are new to St. Catharine, we want to thank you for coming and we look forward to worshipping God in Word and in Sacrament together today. Please remember to silence your cell phones and to observe silence in the Church. Restrooms are located in the Undercroft and the Parish Center. If you need any assistance or have any questions, just find someone with a green lanyard. We hope to see you again!

TO THE PARENTS OF OUR YOUNG CHILDREN... May we suggest...relax! God put the wiggle in children, so don't feel that you must suppress it in God's house, but we do have a large quieting room available if you feel the need to step out during Mass. Thank you so much for making the effort to be here, and never stop bringing your family to Mass. It's worth it.

TO THE MEMBERS OF OUR CHURCH...The presence of children is a gift to the Church and they are a reminder that our congregation is growing. Any noise that our little ones make during Mass is pleasing to God's ears. Please welcome our children and give a smile of encouragement to their parents.

# **Eucharistic Adoration Chapel**



Sunday-Friday 6:00am-12:00am Saturday 6:00am-4:00pm

Chaplet of Divine Mercy Fridays at 3:00pm

Children's Holy Hour Saturdays at 3:00pm



# Confession

Tuesday 7:30pm Thursday 7:00pm Saturday 9:00am



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Every Thursday at 7:00pm

A candle-lit evening of Eucharistic Adoration with Confession, songs of praise & worship, prayers, and devotions.

# This Week

### Sunday, February 9th: Fifth Sunday in Ordinary Time

8:30am Holy Mass (Jimmy Corrova)

9:30am Family of Faith

Holy Mass (People of the Parish) 學 11:00am 12:00pm Knights of Columbus Supper Bowl

5:00pm Holy Mass (Jack Murphy)

### Monday, February 10th: Memorial of Saint Scholastica, Virgin

8:00am Holy Mass (Tom Siemer)

6:30pm Scouts 7:00pm Choir Practice

## Tuesday, February 11th: Our Lady of Lourdes

7:00pm Holy Mass (Mike Jolley Sr.)

7:30pm Confessions

# Wednesday, February 12th

9:00am Holy Mass (The Intention of Lily Bell)

### Thursday, February 13th

8:00am Holy Mass (David Bussard)

7:00pm **ADORE Night** 

7:30pm Knights of Columbus Meeting

### Friday, February 14th: Saints Cyril, Monk, and Methodius, Bishop

8:00am Holy Mass (Doris Hecker)

### Saturday, February 15th

7:00am That Man Is You! 8:30am Holy Mass (Ann Reid)

9:00am Confessions

# Sunday, February 16th: Sixth Sunday in Ordinary Time

Holy Mass (James Altman) 8:30am

9:30am Coffee & Donuts

9:30am St. Vincent de Paul Sandwich Making 11:00am Holy Mass (People of the Parish)

12:00pm Coffee & Donuts

Holy Mass (Don and Joanne Hoyt) 5:00pm

### Offering and Attendance

Thank you for your presence and your generosity!

Attendance: Jan 26th

8:30am

11:00am

5:00pm

Sunday, January 26th	
Envelope	\$1,075.00
Loose	\$1,172.00
EFT	\$9,098.71
Total	\$11,345.71
Diocesan Tax (10%)	-\$1,134.57
Net	\$10,211.14

	\$9,098.71	Total
l	\$11,345.71	Attendance: Feb 2nd
esan Tax (10%)	-\$1,134.57	8:30am
	\$10,211.14	11:00am 5:00pm
		Total

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Envelope	\$5,453.00
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Total	\$16,469.71
Diocesan Tax (10%)	-\$1,646.97
Net	\$14,822.74



356

212

352 305

# **Lord, Hear Our Prayer**

"The prayer of a righteous man has great power in its effects."

If you or a loved one would like to be added to the Prayer Chain please email info@stcatharine.com or call 614-231-4509. Names will remain on the Prayer Chain for 4 months or until they are asked to be removed.

Lee	Gary	Stephanie
Luke	Margo	Kaycee
Irina	Tish	ÁJ
Annette	Susan & Mikha	Andrew
Luke	Christopher	Nora

# **Baptisms**

"See what love the Father has bestowed on us that we may be called the children of God."

# Sunday, February 2nd

Oswald Orval Lively Brigid Aine Brooks

# **May They Rest in Peace**

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

James R. Wood Dennis J. Lyons





# VIRTUE IN MEDICINE APRIL 5, 2025 | 8:45 AM - 7:00 PM PONTIFICAL COLLEGE JOSEPHINUM | COLUMBUS, OH

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# Message from Brendan O'Rourke



Abstaining from meat on Fridays is a longstanding tradition in the Catholic Church, often associated primarily with the Lenten season. However, this practice extends beyond Lent and serves as a form of Christian asceticism throughout the entire year. On the heels of the ballot initiative defeat in November 2023 Bishop Fernandes strongly encouraged all Catholics in the diocese to embrace this tradition on all Fridays—not just during Lent—as a means to foster a culture of life and a civilization of love.

In a letter to us all, Bishop Fernandes emphasized that the essence of abstaining from meat is not merely about adhering to an external rule but is deeply rooted in spiritual discipline. He stated, "The idea behind abstinence from meat on Fridays is not merely external, that is, to keep a rule; rather, it is a form of Christian asceticism. Simply trying to circumvent the discipline by having an extravagant shrimp dinner, for example, defeats the purpose. We ought to do penance as means of encountering Christ in the hope of deeper conversion to Him."

By voluntarily giving up meat on Fridays, Catholics are invited to participate in a tangible act of penance and solidarity with the unborn, their parents, and those dedicated to supporting them.

Bishop Fernandes highlighted the intentionality behind this practice, noting, "We can be intentional in our abstinence and penitential practices, mindful of unborn children, their mothers and fathers, and the men and women in the trenches working to support them."

This renewed call to observe meatless Fridays aligns with the broader mission of building a civilization of love. Bishop Fernandes urged the faithful to engage in deeper prayer, fasting, and almsgiving, especially in anticipation of Lent beginning on March 5th.

Furthermore, the bishop suggested that the practice of abstaining from meat could be linked to acts of charity. He proposed that the savings from simpler meals be donated to pro-life organizations, thereby demonstrating a commitment to the dignity of human life and care for the vulnerable.

As Lent approaches, Bishop Fernandes's invitation serves as a reminder that the practice of abstaining from meat on Fridays is a year-round opportunity for Catholics to deepen their spiritual lives and actively contribute to a culture that values and protects life at all stages.

Read Bishop Fernandes' full letter HERE



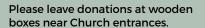


### Brendan O'Rourke

Director of Communications & Associate Director of Music Adoration Chapel Coordinator

# **January Food Pantry Need**

**CANNED SOUP** 





# St. Catharine Women



# 1st Saturdays at 6:30am in the Parish Center

Women at the Well is for all women ages 18 and older who are looking for an opportunity to start, deepen, or renew their relationship with Jesus. We will connect with Jesus and other women in the parish through coffee, prayer, and small groups.



Bring Jesus your heart...your tired and lonely heart, your overwhelmed heart, your full heart, and allow Jesus to fill you with His love. For Jesus says, "Whoever drinks of the water I shall give will never thirst." There is no sign up. Simply come as you are.

Questions? Elyse Salisbury • ehueckel@gmail.com



### Every 1st Monday of the Month at 6:30pm

Pizza will always be provided!

The mission of The Melchizedek Project is to help young men in 8th-12th grades hear the call of Jesus Christ and discover their true vocations.



Questions? frbrown@stcatharine.com

# **Becoming Catholic**

Discover the salvation, beauty and spirituality of the Catholic Church, founded by Jesus Christ more than 2,000 years ago.

The Becoming Catholic journey is beginning again! If you think you are ready to begin the process of becoming Catholic, or if you have any other questions about God and the Church, email Fr. Brown,



frbrown@stcatharine.com or scan the QR code.

# St. Catharine Men



# Saturdays at 7:00am in the Parish Center

Beginning with Christ to the Apostles, to the Apostolic Fathers, to the men of our day, God hasn't stopped calling us! Let us become who we were made to be and set the world on fire. Join us for food, fellowship and faith. All men



are welcome. **Questions?** Paul Wills • pkawills7@gmail.com



# 2nd Thursdays at 7:30pm in the Parish Hall

As a brotherhood of Catholic men, we are committed to practicing and promoting the principles of charity, unity, fraternity, and patriotism. We welcome all Catholic men who share our values to join us in our mission of service and faith-based fellowship



Questions? Ed Stange • Deputy@koc11354.org

# **Men's Rosary**

Last Thursdays of the Month 7:30am in the Church



# **Spring Sports Sign-Up**

• Baseball: 4th-8th (\$130)

• Co-ed Coach Pitch Baseball: 2nd-3rd (\$65)

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• Lacrosse 3rd-8th: (\$125)

• Track and Field (\$85)

**Registration:** https://scirish.doodlio.com/



### Questions?

PJ Keiffer, Athletic Director • pkeiffer@gmail.com

# THE MASCULINE SPIRIT

# EN'S NIGHT - MEN'S NIGHT - MEN'S NIGHT - MEN'S NIGHT - MEN'S NIGHT - MEN'

John Bradford is the founder of Wilderness Outreach. John was born into a construction family where he learned how to work and think like a man under the tutelage of his father, uncles, cousins and other construction craftsmen. This early experience set him on a course of construction entrepreneurship that eventually led he and his wife, Laura ,to build a good construction company with the help of many good men. He is a student of organizational behavior and leadership, in particular where it applies to Catholicism, formation of men, and masculine spirituality.

"I believe that our Church, families, children, men and women are under attack by the world (culture), flesh (self) and the devil. Men in particular have opted out from their responsibility of living lives of conviction, purity, integrity, duty and honor and need to be challenged to re-engage in a Christ centered life of action. I believe that one the most important works of the New Evangelization is building a system of masculine formation that helps men understand what they are as a male creature, and what they are called to be and do as men. Men need to understand how the world is attacking manhood and fatherhood and respond by going on the counterattack. We need to actively defend our families and Church from the corruption of the secular culture."





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3273 E. Main Street • (614) 235-3000
After hours?
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www.womenscarecenter.org



Bottoms Up Diaper Bank exists to help meet the needs of families and single mothers who can't afford enough diapers to keep their children clean, dry, and healthy. Since then, Bottoms Up has delivered more than 560,000 diapers to over 70 food pantries and child care facilities in central Ohio for distribution to those in need.

www.bottomsup.life 740-808-613



Mommies Matter provides an extension of pregnancy care services by journeying with single mothers through their pregnancies, the birth of their child, and beyond. In 2018, Mommies Matter began offering extensive support services alongside the local pregnancy centers in Columbus, Ohio.

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Pregnancy Decision Health Centers (PDHC) serves women and families in the central Ohio community during and after pregnancy. All services at PDHC are confidential, free and provided by highly qualified professionals. PDHC offers pregnancy testing, ultrasounds, options information, parenting classes, links to community resources and post-abortion recovery help.

PDHC is here for you with free pregnancy tests, prenatal vitamins, pregnancy & parenting classes, clothes, diapers, car seats and more. Sometimes all you need is someone to listen, and sometimes you need answers to your questions. Whatever is on your mind, our team is on the other end of the line, waiting to be your support system, day or night.

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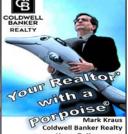
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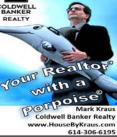
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Trust in the Lord with all thine heart Proverbs 3:5-6



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February 9, 2025

Fifth Sunday in Ordinary Time Written by THE FAITHFUL DISCIPLE

Is 6:1-2a, 3-8 | 1 Cor 15:1-11 | Lk 5:1-11

### GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

"Woe is me, I am doomed!" "I am the least of the apostles, not fit to be called an apostle." "Depart from me, Lord, for I am a sinful man." Do you notice a theme today? Each of these lines – taken from our readings – reveals the humbling reality that when humans stand in the glorious presence of God, we must confront the Truth, look at ourselves honestly, and recognize our sin. We are reminded of the Garden, when original sin disfigured human nature and Adam and Eve, realizing their nakedness, hid themselves from God. The story would be tragic if that had been the end. But in today's readings and in our own lives, the crippling effects of our sin are *not* the end. By becoming aware of our sin – agonizing though this may be – we invite the Lord in. It's the crack in the door that he will enter, bringing mercy and freedom found only in him.

### **GO EVANGELIZE**

### PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

Each of today's readings shows how God's presence leads us to acknowledge our lack; however, that's only "step one." Notice what happens next in each instance. "Your wickedness is removed, your sin purged." "But by the grace of God I am what I am, and his grace to me has not been ineffective." "Jesus said to Simon, 'Do not be afraid." See how, in each example, hearts are transformed from shame and guilt to courage and confidence. The readings explain how as each person is freed, they are compelled to act boldly. So, what changed? The same thing that can happen in our own lives: as we acknowledge our sin, we open ourselves to the flow of grace. We allow the Lord to heal and free us, making us radiant and setting our hearts on fire with love.

### PLAN

Choose one virtue you'd like to cultivate in order to root out a sinful habit. Then make a plan to practice that virtue. It can be as simple as "I will always pray to the Holy Spirit before I talk to that person at work who bothers me." Make sure your plan is: (1) specific ["I will never sin again" doesn't count], and (2) doable ["I will pray every day for six hours to grow in patience" is not possible for most people]. Finally, offer your plan to God and ask him for whatever strength, grace, and healing you need to grow in that virtue.

# **Staff & Leadership**

Fr. Bob Penhallurick - Pastor

frbob@stcatharine.com

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frbrown@stcatharine.com

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Maddie Schafhausen - Administrative Assistant

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Michael Hammond - Director of Music

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Kathy Kropp - Safe Environment Coordinator

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# **Anointing of the Sick**

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If you call after hours, please use the same number and follow the prompts to reach a priest.

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But what if there's another story?



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