

Lectio Divina

SCRIPTURE READING + MEDITATION + PRAYER + CONTEMPLATION

“What page, what passage of the inspired books of the Old and New Testaments is not the truest of guides for human life?” +Saint Benedict, from the *Rule of Saint Benedict* (73:3)

The month of May is dedicated to the Blessed Virgin Mary

“Love the Madonna and pray the Rosary, for her Rosary is the weapon against the evils of the world today. All graces given by God pass through the Blessed Mother.”

+SAINT PIO OF PIETRELCINA (PADRE PIO)

Monday, May 11 ~ Sixth Week in the Season of Easter

Holy Gospel: John 15:26-16:4a Jesus said to his disciples: “When the Advocate comes whom I will send you from the Father, the Spirit of truth who proceeds from the Father, he will testify to me. And you also testify, because you have been with me from the beginning.

“I have told you this so that you may not fall away. They will expel you from the synagogues; in fact, the hour is coming when everyone who kills you will think he is offering worship to God. They will do this because they have not known either the Father or me. I have told you this so that when their hour comes you may remember that I told you.”

Meditation: Jesus tells us much about the Holy Spirit. First, the Holy Spirit is inseparably one with the Father and the Son. It is the Holy Spirit who gives life – the very life of God – and who kindles faith in hearts receptive to God's word. The Spirit makes it possible for us to know God personally. He gives us experiential knowledge of God as our Father. The Spirit witnesses to our spirit that the Father has indeed sent his Son into the world to redeem it and has raised his Son Jesus from the dead and has seated him at his right hand in glory and power. The Holy Spirit reveals to us the knowledge, wisdom and plan of God for the ages and the Spirit enables us to see with the “eyes of faith” what the Father and the Son are doing. Through the gift and working of the Holy Spirit we become witnesses to the great work of God in Christ Jesus. Jesus warned his disciples that they could expect persecution just as Jesus was opposed and treated with hostility. We have been given the Holy Spirit to help us live as disciples of Jesus Christ. The Spirit gives us courage and perseverance when we meet adversities and challenges. Do you pray for the Holy Spirit to strengthen you in faith, hope and love and to give you courage and perseverance with hope when you meet adversities and challenges?

Prayer: Grant, O merciful God, that we may experience at all times the fruit produced by the paschal observances. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Have you ever examined whom you turn to for help and support when you most need it? True friendship is strengthened in adversity. Jesus offers his disciples the best and truest of friends. Who is this promised friend? Jesus calls the Holy Spirit our Counselor and Advocate (also translated “Paraclete” or “Helper” or “Guide”). Counselor is a legal term for the one who will defend someone against an adversary and who guides that person during the ordeal of trial. The Holy Spirit is our Advocate and Helper who brings us safely through the challenges and adversities we must face in this life. As Jesus approaches the hour he was to be glorified – through his death on the cross and his resurrection – he revealed more fully to his disciples the person and role of the Holy Spirit.

Tuesday, May 12 ~ Sixth Week in the Season of Easter

Optional Memorials: Saints Nereus and Achilleus, Martyrs; Saint Pancras, Martyr

Holy Gospel: John 16:5-11 Jesus said to his disciples: “Now I am going to the one who sent me, and not one of you asks me, ‘Where are you going?’ But because I told you this, grief has filled your hearts. But I tell you the truth, it is better for you that I go. For if I do not go, the Advocate will not come to you. But if I go, I will send him to you. And when he comes he will convict the world in regard to sin and righteousness and condemnation: sin, because they do not believe in me; righteousness, because I am

going to the Father and you will no longer see me; condemnation, because the ruler of this world has been condemned.”

Meditation: Why does God seem far from us at times? Separation and loss of relationship often lead to grief and pain. The apostles were filled with sorrow when Jesus spoke about his imminent departure. Jesus explained that it was for their sake that he must leave them and return to his Father. He promised, however, that they would never be left alone. He will send in his place the best of friends, the Holy Spirit. Paul reminds us that "nothing can separate us from the love of God in Christ Jesus" (Romans 8:39). By sending the Holy Spirit to his followers, the Lord Jesus makes his presence known to us in a new and on-going way. We are not left as orphans, but the Lord himself dwells within us through the power of the Holy Spirit (2 Corinthians 4:9; 6:16b). Jesus tells his disciples three very important things about the work of the Holy Spirit – to convince the world of sin and of righteousness and of judgment. The original word for convince also means convict. The Holy Spirit is our Sanctifier. He makes us holy as God is holy. He does this first by convicting us of our sin and by bringing us humbly to the foot of the Cross. The Spirit convinces us of God's love and forgiveness and of our utter dependence on God for his mercy and grace. We need the power of the Holy Spirit to lead us from the error of our sinful ways and to show us the way of love and truth.

Prayer: Grant, almighty and merciful God, that we may in truth receive a share in the Resurrection of Christ your Son. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: The Jews who condemned Jesus as a heretic and blasphemer thought they were serving God rather than sinning when they crucified Jesus. When the gospel was later preached on the day of Pentecost (Acts 2:37), many were pricked in their heart and convicted of their sin. What made them change their mind about Jesus? It is the work of the Holy Spirit to both convict us of wrongdoing and to convince us of God's truth. The Spirit convinces us of the righteousness of Christ, backed by the fact that Jesus rose again and went to his Father. The Holy Spirit also convicts us of judgment. The Spirit gives us the inner and unshakable conviction that we shall all stand before the judgment seat of God. God's judgments are just and good. When we heed his judgments we find true peace, joy and reconciliation with God. Do you allow the Holy Spirit free reign in your life that he may set you free from the grip of sin and set you ablaze with the fire of God's love?

Wednesday, May 13 ~ Sixth Week in the Season of Easter Our Lady of Fatima

Holy Gospel: Luke 11:27-28 As Jesus said this, a woman in the crowd raised her voice and said to him, "Blessed is the womb that bore you, and the breasts that you sucked!" But He said, "Blessed rather are those who hear the word of God and keep it!"

Meditation: When an admirer wished to compliment Jesus by praising his mother, Jesus did not deny the truth of the blessing she pronounced. Her "beatitude" (which means "blessedness" or "happiness") recalls Mary's canticle: All generations will call me blessed (Luke 1:48). Jesus adds to her words by pointing to the source of all true blessedness or happiness - union with God in heart, mind, and will. Mary humbly submitted herself to the miraculous plan of God for the incarnation of his only begotten Son - the Word of God made flesh in her womb, by declaring: I am the handmaid of the Lord; let it be done to me according to your word (Luke 1:38). Mary heard the word spoken to her by the angel and she believed it.

Prayer: O God, who chose the Mother of your Son to be our Mother also, grant us that, persevering in penance and prayer for the salvation of the world, we may further more effectively each day the reign of Christ. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Prayer to Our Lady of Fatima: O Most Holy Virgin Mary, Queen of the most holy Rosary, you were pleased to appear to the children of Fatima and reveal a glorious message. We implore you, inspire in our hearts a fervent love for the recitation of the Rosary. By meditating on the mysteries of the redemption that are recalled therein may we obtain the graces and virtues that we ask, through the merits of Jesus Christ, our Lord and Redeemer. Amen.

Prayers of Petition: Send your prayer requests via e-mail to the Shrine of our Lady of the Rosary in Fatima, Portugal; visit the Shrine web page: <https://www.fatima.pt/en/pages/prayer-requests>

Contemplation: Our ultimate goal in life, the very reason we were created in the first place, is not to attend a certain university, have a particular job, live at a certain address with a particular car parked in the driveway. No, our ultimate goal is to get to heaven where we may experience complete union with God. We were made for God and our hearts are restless until they rest in him. Saint Lucian of Antioch, an

early Christian theologian and martyr, once said that "a Christian's only relatives are the saints." Those who follow Jesus Christ and who seek the will of God enter into a new family, a family of "saints" here on earth and in heaven. Jesus changes the order of relationships and shows that true kinship is not just a matter of flesh and blood. Our adoption as sons and daughters of God transforms all our relationships and requires a new order of loyalty to God and his kingdom. As in "those who hear the word of God and keep it" (Luke 11:28) and those who are "doers of the word, not hearers only" (James 1:22). Think about it!

About Our Lady of Fatima: The famous apparitions of the Virgin Mary to the children of Fatima took place during the First World War, in the summer of 1917. The inhabitants of this tiny village in the diocese of Leiria (Portugal) were mostly poor people, many of them small farmers who went out by day to tend their fields and animals. Children traditionally were assigned the task of herding the sheep.

The three children who received the apparitions had been brought up in an atmosphere of genuine piety: Lucia dos Santos (ten years old) and her two younger cousins, Francisco and Jacinta. Together they tended the sheep and, with Lucy in charge, would often pray the Rosary kneeling in the open. In the summer of 1916 an Angel appeared to them several times and taught them a prayer to the Blessed Trinity.

On Sunday, May 13, 1917, toward noon, a flash of lightning drew the attention of the children, and they saw a brilliant figure appearing over the trees of the Cova da Iria. The "Lady" asked them to pray for the conversion of sinners and an end to the war, and to come back every month, on the 13th.

Further apparitions took place on June 13 and July 13. On August 13 the children were prevented by local authorities from going to the Cova da Iria, but they saw the apparition on the 19th. On September 13 the Lady requested recitation of the Rosary for an end to the war. Finally, on October 13, the "Lady" identified herself as "Our Lady of the Rosary" and again called for prayer and penitence.

On that day a celestial phenomenon also took place: the sun seemed to tumble from the sky and crash toward earth. The children had been forewarned of it as early as May 13, the first apparition. The large crowd (estimated at 30,000 by newspaper reporters) that had gathered around the children saw the phenomenon and came away astounded.

Official recognition of the "visions" which the children had at the Cova da Iria came on October 13, 1930, when the bishop of Leiria - after long inquiry - authorized the cult of Our Lady of the Rosary at the site. The two younger children had died: Francisco (who saw the apparition but did not hear the words) on April 4, 1919, and his sister Jacinta on February 20, 1920. Sister Lucia died on February 13, 2005, at her Carmelite convent in Coimbra, Portugal, after a long illness.

Thursday, May 14 ~ Sixth Week in the Season of Easter Feast of Saint Matthias, Apostle

Holy Gospel: John 15:9-17 Jesus said to his disciples: "As the Father loves me, so I also love you. Remain in my love. If you keep my commandments, you will remain in my love, just as I have kept my Father's commandments and remain in his love.

"I have told you this so that my joy might be in you and your joy might be complete. This is my commandment: love one another as I love you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I no longer call you slaves, because a slave does not know what his master is doing. I have called you friends, because I have told you everything I have heard from my Father. It was not you who chose me, but I who chose you and appointed you to go and bear fruit that will remain, so that whatever you ask the Father in my name he may give you. This I command you: love one another."

Meditation: Do you know the love that produces immeasurable joy? Jesus speaks of the love which the Father and he have for those who belong to him. We can never out give God in love, because he has loved us without measure. Our love for him is a response to his exceeding mercy and kindness towards us. Paul the Apostle tells us that we can abound in joy and hope because "God has poured out his love into our hearts by the Holy Spirit, whom he has given us" (Romans 5:5). In God's love we find the fullness of grace, life, peace, and joy. Jesus gives his disciples a new commandment - a new way of love. We are to love others as Jesus has loved us.

Prayer: O God, who assigned Saint Matthias a place in the college of Apostles, grant us, through his intercession, that, rejoicing at how your love has been allotted to us, we may merit to be numbered among the elect. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: What is the essence of this new commandment? True love is sacrificial. It gives all to the beloved. And there is no greater proof in love than the sacrifice of one's life for the sake of another. Jesus proved his love for his disciples by giving his life for them, even to death on the cross. We prove our love for God and for one another when we embrace the way of the cross. What is the cross in my life? When my will crosses with God's will, then God's will must be done. Do you know the joy and contentment of a life fully surrendered to God and consumed with his love?

Friday, May 15 ~ Sixth Week in the Season of Easter
Saint Isidore the Farmer

Today is a fitting day for all of us to pray for those who work the land, grow crops, raise farm animals, and all who provide for the food that is on our tables.

Holy Gospel: John 16:20-23 Jesus said to his disciples: "Amen, amen, I say to you, you will weep and mourn, while the world rejoices; you will grieve, but your grief will become joy. When a woman is in labor, she is in anguish because her hour has arrived; but when she has given birth to a child, she no longer remembers the pain because of her joy that a child has been born into the world. So you also are now in anguish. But I will see you again, and your hearts will rejoice, and no one will take your joy away from you. On that day you will not question me about anything. Amen, amen, I say to you, whatever you ask the Father in my name he will give you."

Meditation: Why does Jesus tell his disciples to weep and mourn? Jesus was neither a pessimist nor a masochist, and he was certainly more than a realist! The way to happiness and joy in the kingdom of God is through the cross. Sin must be brought to the cross of Jesus Christ and evil can only be completely mastered by the power of God's redeeming love. Jesus told his disciples that it was more blessed to mourn for sin because it would yield the fruit of peace, joy, and righteousness. Jesus knew that the cross would be a stumbling block for those who refused to believe in him. The cross for Jesus was not defeat but victory – victory over sin, over the forces of evil in the world, and over the devil – the archenemy of God and humankind.

Prayer: Lord God, to whom belongs all creation, and who call us to serve you by caring for the gifts that surround us, inspire us by the example of Saint Isidore to share our food with the hungry and to work for the salvation of all people. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: We must remember that through his death on the cross, Jesus won for us new life and freedom over the power of sin, despair, and death. The Easter victory of Jesus teaches us courage in the face of suffering and death. In the resurrection of Christ our fears are laid to rest. His resurrection is total, final triumph, and for us peace and joy at the end. We will have troubles in the present reality. Through the eyes of faith, we know the final outcome – complete victory over sin, suffering, and death in Jesus Christ. That is why we can pray confidently now, knowing that the Father will give us everything we need to live as his children and as disciples of our Lord Jesus Christ. Do you know the Easter joy of Christ's victory over sin and death?

About Saint Isidore: When he was barely old enough to wield a hoe, Isidore entered the service of John de Vergas, a wealthy landowner from Madrid, and worked faithfully on his estate outside the city for the rest of his life. He married a young woman as simple and upright as himself who also became a saint-Maria de la Cabeza. They had one son, who died as a child. Isidore had deep religious instincts. He rose early in the morning to go to church and spent many a holiday devoutly visiting the churches of Madrid and surrounding areas. All day long, as he walked behind the plow, he communed with God. He was known for his love of the poor, and there are accounts of Isidore's supplying them miraculously with food. He had a great concern for the proper treatment of animals. He died May 15, 1130, and was declared a saint in 1622 with Ignatius of Loyola, Francis Xavier, Teresa of Avila and Philip Neri. Many implications can be found in a simple laborer achieving sainthood: Physical labor has dignity; sainthood does not stem from status; contemplation does not depend on learning; the simple life is conducive to holiness and happiness.

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