

# KINDLE

THE ST. CATHARINE BULLETIN



SUNDAY, MARCH 9TH, 2025 | FIRST SUNDAY OF LENT



500 S GOULD RD | 614-231-4509  
COLUMBUS, OH 43209 | WWW.STCATHARINE.COM

“Lent is a journey that involves our whole life, our entire being. It is a time to reconsider the roads we are taking, to find the way back home, to rediscover the fundamental bond with God, on which everything depends.”

Pope Francis

# Welcome to St. Catharine

www.stcatharine.com

info@stcatharine.com • 614-231-4509

Parish Office: Mon-Thurs 8:30am-3pm • Fri 8:30am-12pm



**We're so glad to see you!** God loves you, and He has a great plan for your life! If you are new to St. Catharine, we want to thank you for coming and we look forward to worshipping God in Word and in Sacrament together today. Please remember to silence your cell phones and to observe silence in the Church. Restrooms are located in the Undercroft and the Parish Center. If you need any assistance or have any questions, just find someone with a green lanyard. We hope to see you again!

**TO THE PARENTS OF OUR YOUNG CHILDREN...** May we suggest...relax! God put the wiggle in children, so don't feel that you must suppress it in God's house, but we do have a large quieting room available if you feel the need to step out during Mass. Thank you so much for making the effort to be here, and never stop bringing your family to Mass. It's worth it.

**TO THE MEMBERS OF OUR CHURCH...** The presence of children is a gift to the Church and they are a reminder that our congregation is growing. Any noise that our little ones make during Mass is pleasing to God's ears. Please welcome our children and give a smile of encouragement to their parents.

## Eucharistic Adoration Chapel



**Sunday-Friday**  
6:00am-12:00am  
**Saturday**  
6:00am-4:00pm



**Chaplet of Divine Mercy**  
Fridays at 3:00pm

**Children's Holy Hour**  
Saturdays at 3:00pm

## Confession

Tuesday 7:30pm  
Thursday 7:00pm  
Saturday 9:00am



**By appointment**  
info@stcatharine.com • 614-231-4509

**ADORE Night**  
Every Thursday at 7:00pm

A candle-lit evening of Eucharistic Adoration with Confession, songs of praise & worship, prayers, and devotions.

# This Week

### Sunday, March 9th: First Sunday of Lent

8:30am Holy Mass (Mary Ann & Bill McCarrick)  
9:30am Family of Faith  
11:00am Holy Mass (James Altman) 🕯️  
5:00pm Holy Mass (People of the Parish)  
6:00pm The Rescue Project

### Monday, March 10th

8:00am Holy Mass (Joseph Ridegway)  
6:30pm Scouts  
7:00pm Choir Practice

### Tuesday, March 11th

7:00pm Holy Mass (Peter Vandervoort)  
7:30pm Confessions

### Wednesday, March 12th

9:00am Holy Mass (Tim Musselman)

### Thursday, March 13th

8:00am Holy Mass (Mike Jolley Sr.)  
7:00pm ADORE Night  
7:30pm Knights of Columbus

### Friday, March 14th

8:00am Holy Mass (Pat O'Rourke)  
7:30pm Stations of the Cross

### Saturday, March 15th

7:00am That Man Is You!  
8:30am Holy Mass (Francine Greff)  
9:00am Confessions

### Sunday, March 16th: Second Sunday of Lent

8:30am Holy Mass (Stephen Gilmore)  
9:30am Family of Faith  
11:00am Holy Mass (Margaret Petrosky)  
5:00pm Holy Mass (People of the Parish) 🕯️  
6:00pm The Rescue Project

## Offering and Attendance

Sunday, March 2nd  
Thank you for your presence and your generosity!

Envelope	\$3,641.00
Loose	\$925.00
EFT	\$9,098.71
<b>Total</b>	<b>\$13,664.71</b>
Diocesan Tax (9%)	-\$1,229.82
<b>Net</b>	<b>\$12,434.89</b>

<b>Attendance</b>	
8:30am	271
11:00am	358
5:00pm	293
<b>Total</b>	<b>922</b>

SCAN TO GIVE



# Lord, Hear Our Prayer

*"The prayer of a righteous man has great power in its effects."*

If you or a loved one would like to be added to the Prayer Chain please email [info@stcatharine.com](mailto:info@stcatharine.com) or call 614-231-4509. Names will remain on the Prayer Chain for 4 months or until they are asked to be removed.

Lee  
Luke  
Irina  
Annette  
Luke  
Gary  
Margo  
Tish  
Susan & Mikha  
Christopher  
Stephanie  
Kaycee  
AJ  
Andrew  
Nora  
Maria

## May They Rest in Peace

*Eternal rest grant unto them, O Lord,  
and let perpetual light shine upon them.*

James R. Wood  
Dennis J. Lyons  
George F. Rushman

## From the Pastor's Desk

*Discovering What Is Real This Lent*



Dear Parish Family,

As we begin this season of Lent the Church invites us to reflect on our lives and to acknowledge both the good and the bad fruit that our choices have produced. This is a time for us to acknowledge our sinfulness, recommit to active discipleship for the Lord, and seek that inner conversion that makes the life of grace possible. Lent is a time of repentance and renewal for each one of us.

In this season the Church invites us to conquer temptation and to see how God's strength can increase virtue in us through humility and prayer. Prayer helps us to reconnect to God and to recognize our own smallness and his majesty. **As we abstain from luxuries and practice self-discipline we discover more of the real world – the world of God's Spirit at work in us, the world that does not tarnish, decay, or grow old because it is rooted in Jesus Christ.**

Showing generosity to others – giving alms – reminds us that God's gifts are not to be used selfishly but for the common good and that the needs of others are often greater than our own. Recognizing this develops in us a solidarity with the poor and the oppressed in their suffering, and a desire for a better world for all.

As we do all this, inner conversion becomes more natural to us, change is embraced and transforms us, and we can look confidently to the great day of Resurrection, Easter Sunday.

May God bless each one of you in your Lenten journey and may it lead all of us closer to Christ and to living the Gospel faithfully in our lives.

God bless

Fr. Bob, Pastor

**March Food Pantry Need  
CANNED VEGETABLES**

Please leave donations at wooden boxes near Church entrances.



**JUBILEE YEAR OF  
HOPE PILGRIMAGE**  
*to St. Joseph Cathedral*

**WEDNESDAY, MARCH 19**

Celebrate the Jubilee Year of Hope with a Pilgrimage to St. Joseph Cathedral on the Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary. All are invited to participate in this Jubilee Year Event to receive the plenary indulgence.

### SCHEDULE

**10:00 - 11:45 am** | Confession will be available

**12:05 pm** | Mass with Bishop Earl K. Fernandes

Exposition of the Blessed Sacrament following Mass and veneration of the 1st Class Relic of the Cloak of St. Joseph

**1:30 - 5:30 pm** | Confession will be available

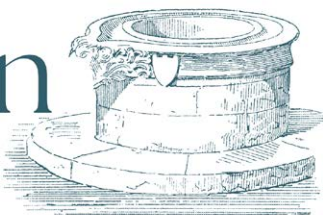
Confessions in Spanish available from 1:30-5:30 pm

**6:00 pm** | Benediction of the Blessed Sacrament



## St. Catharine Women

# Women at the well



1st Saturdays at 6:30am in the Parish Center

Women at the Well is for all women ages 18 and older who are looking for an opportunity to start, deepen, or renew their relationship with Jesus. We will connect with Jesus and other women in the parish through coffee, prayer, and small groups.

Bring Jesus your heart...your tired and lonely heart, your overwhelmed heart, your full heart, and allow Jesus to fill you with His love. For Jesus says, "Whoever drinks of the water I shall give will never thirst." There is no sign up.

Simply come as you are.

**Questions?** Elyse Salisbury • ehueckel@gmail.com



## THE MELCHIZEDEK PROJECT

Every 1st Monday of the Month at 6:30pm

*Pizza will always be provided!*

The mission of The Melchizedek Project is to help young men in 8th-12th grades hear the call of Jesus Christ and discover their true vocations.

**Questions?** frbrown@stcatharine.com



## Becoming Catholic

*Discover the salvation, beauty and spirituality of the Catholic Church, founded by Jesus Christ more than 2,000 years ago.*

The Becoming Catholic journey is beginning again! If you think you are ready to begin the process of becoming Catholic, or if you have **any other questions about God and the Church**, email Fr. Brown, frbrown@stcatharine.com or scan the QR code.



## St. Catharine Men



Saturdays at 7:00am in the Parish Center

Beginning with Christ to the Apostles, to the Apostolic Fathers, to the men of our day, God hasn't stopped calling us! Let us become who we were made to be and set the world on fire. Join us for food, fellowship and faith. All men are welcome. **Questions?** Paul Wills • pkawills7@gmail.com



2nd Thursdays at 7:30pm in the Parish Hall

As a brotherhood of Catholic men, we are committed to practicing and promoting the principles of charity, unity, fraternity, and patriotism. We welcome all Catholic men who share our values to join us in our mission of service and faith-based fellowship

**Questions?** Ed Stange • Deputy@koc11354.org



## Men's Rosary

Last Thursdays of the Month  
7:30am in the Church



## Baptisms at St. Catharine

St. Catharine is upgrading its Baptism preparation to a more integrated and family centered formation program to facilitate a deeper understanding of Baptism and a more intimate connection to Jesus. This involves attending two sessions with each being held on the 1st Sunday of the month after the 8:30am Mass. **You are encouraged to attend the classes any time while the mother is pregnant.** Visit [www.stcatharine.com/baptism](http://www.stcatharine.com/baptism) for more info or to register for for an infant or young child baptism. **Questions?** frbrown@stcatharine.com

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SUBMIT AS MANY RECIPES AS YOU WOULD LIKE AT

[www.typensave.com/get-started/](http://www.typensave.com/get-started/)  
Username: Stcatharinechurch  
Password: cookbook

Questions?  
margaretlcasey@gmail.com • katielroll@gmail.com



DEADLINE TO SUBMIT RECIPES: MARCH 31ST

## HELP US FILL A PLATE

FOR OUR NEIGHBORS IN NEED

### WAYS TO HELP

**Purchase items** on the suggested list, double bag them in paper bags, and place them on top of the wooden collection boxes at the Church entrances. You can make a bag of the essential items or purchase multiple quantities of individual items.

**Make a donation** to the St. Vincent de Paul Society and we will purchase the food to give to the needy. Please put your donation in an envelope marked "SVDP Fill a Plate" and place it in the collection basket or mail/drop at the Church office any time.

### SUGGESTED ITEMS

- Cans of fruit
- Cans of vegetables
- Soup
- Cans of tuna or chicken
- Pasta and sauce
- Cans of whole meals (chili, pasta, stews)
- Mac and Cheese
- Cereal
- Crackers

NO GLASS  
POP TOP CANS PREFERRED

Questions? Denny Devine • [denny.devine@gmail.com](mailto:denny.devine@gmail.com)



St. Catharine  Knights of Columbus

# FISH FRY DAYS

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- Fries
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- Cole Slaw
- Apple Sauce
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## Pick up

When: Wednesday, March 12, 2025

Curbside pick up between  
5:30pm to 6:30pm at

Bishop Griffin Resource Center  
2867 E Livingston Ave, Columbus, OH 43209

10% of order totals will go to the  
Bishop Griffin Resource Center



# How Does the Mass Look Different During Lent?

Lent is here, and with it come several differences to the way we worship at Mass. You may notice a few changes in what you see and hear—in the music, and in the way that the Church is decorated during Lent.

**Mass during Lent should feel different**—as if something is missing. The Church does this on purpose. We restrain our use of the some-things in order to more purely focus our attention on the Some-One: Jesus Christ Our Lord, truly and really present in the most Blessed Sacrament.

**Purple** is the color associated with Lent, and suggests repentance, mourning, and suffering. Purple, as all colors, is full of symbolism. Its deep dark richness invites us to slow down and consider the sacrifices Jesus did for us.

The Bible tells us that **the garment the guard put on Jesus during his trial and beatings was purple**. Thus, purple symbolizes pain, suffering, and mourning and penitence. *“The soldiers led Jesus away into the palace (that is, the Praetorium) and called together the whole company of soldiers. They put a purple robe on him...”* (Mark, 15:16-17)

The most obvious difference in the music during Lent is the lack of an **Alleluia** being sung before the Gospel, or at any other time during the Mass. It is instead replaced by a different acclamation of praise, e.g., *“Praise to you, Lord Jesus Christ, King of endless glory!”* or *“Glory to you, Word of God, Lord Jesus Christ!”*

Likewise, the **Gloria** is omitted at Lenten Masses. Unlike the *Alleluia*, which has no exception on this rule, the *Gloria* is included on some occasions: on feasts and solemnities which fall during Lent, as well as at most wedding Masses and the Chrism Mass during Holy Week (*General Instruction of the Roman Missal*, #53).

In addition to avoiding pieces which include *Alleluia* in the text, we moderate our use of **instrumentation**. During Lent instruments are only allowed so as to support the singing (*General Instruction of the Roman Missal*, #313). The exception to this rule is on Laetare Sunday (the Fourth Sunday of Lent), as well as on feasts and solemnities.

By no means is singing eliminated or even reduced during Lent, it can even be increased. It is only the character of the music that changes, **and un-accompanied singing is to be encouraged as much as possible**. Remember, **the primary instrument of worship is the human voice, and our goal is to not simply sing at Mass, but to sing the Mass**.

Other musical changes you may hear include short **antiphons** where we would typically sing a hymn, or before or after a hymn. You may hear also hear the *“Holy, Holy,” “Mystery of Faith,” “Amen,”* and *“Lamb of God”* acclamations that we sing during the Eucharistic Prayer sung acapella (unaccompanied) – some in English and some in **Latin**, in addition to singing the *“Kyrie”* (Greek version of the *“Lord Have Mercy”*) at the beginning of Mass.

In addition to music, **decorations are simplified** during Lent. Flowers which decorate the altar are not allowed—again, except on Laetare Sunday, feasts and solemnities.

Crosses and images may also be veiled beginning on the Fifth Sunday of Lent. The veiling of crosses and images is a sort of “fasting” from sacred depictions which represent the paschal glory of our salvation. Just as the Lenten fast concludes with the Paschal feast, so too, our fasting from the crucifix culminates on Good Friday in the veneration of the holy wood of the Cross of Jesus Christ.

Liturgical seasons each have their own characteristics, and Lent is a season which stands out from the rest for its differences. Let us embrace these practices to help us to draw closer to our crucified Lord Jesus Christ in Word and Sacrament, as we turn away from sin and prepare for the great Easter celebration and the Resurrection of Jesus!





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Elliott Bedford, MA, PhD

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Ashley K. Fernandes, MD, PhD; Paul W. Hruz, MD, PhD; and more!

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Rev. Columba Thomas, OP, MD

A Catholic Response to Depression and Suicide  
Anthony Isacco, PhD

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March 9, 2025

# First Sunday of Lent

Dt 26:4-10 | Rom 10:8-13 | Lk 4:1-13

Written by  
THE  
FAITHFUL  
DISCIPLE

## GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

We've all seen it: the standard cartoon sketch in which the main character, faced with a decision, imagines the devil coaxing him toward evil on one shoulder while an angel encourages him toward good on the other. Lighthearted though they are, these classic scenes are the product of Biblical wisdom and millennia of human experience. In fact, the Garden of Eden provided the prototype: Eve was the first to listen to Satan in a conversation that was disastrous for her and her descendants. It is no coincidence that, in today's Gospel, Jesus finds himself in a desert – the “opposite” of a garden, so to speak – where he, too, confronts the devil. But note Jesus' response to Satan's advances: the Incarnate Word of God neither barter nor argues from human wisdom. For no amount of time does he turn over Satan's proposals in his heart. Instead, Jesus rejects the temptations immediately and relies on the power of the Word of God to put the devil in his place.

## GO EVANGELIZE

### PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

The Lenten season is meant to be a “desert” in which we, like Jesus, confront temptation. It is not a self-improvement program; it is an opportunity to reject sins, habits, and attitudes which keep us distant from God so that we can give a wholehearted “yes” to his plan for our lives. But the scene from today's Gospel is offered on the first Sunday of Lent to remind us that we do not go into the desert alone. Jesus entered first to show us that he would be with us every time we are tempted. If, instead of giving Satan airtime, we stay close to Jesus (in prayer and by frequenting the sacraments) and immerse ourselves in the Word of God (by reading Scripture), we, like him, will draw our strength from God. We will emerge victorious because, as St. Paul reminds us, “The word is near you, in your mouth and in your heart,” and, “everyone who calls on the name of the Lord will be saved.”

## PLAN

Have you made a Lenten plan yet? If not, the time is now! Don't be afraid to be generous with God. Remember the three pillars of Lent: prayer, fasting, and almsgiving. Could you add a daily Mass or Rosary to your schedule? Could you incorporate some form of self-denial into your weekly meal plan or media consumption? Once you've worked out a plan, offer it to God and ask him to bless your efforts to grow in virtue out of love for him.

## Staff & Leadership

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## Anointing of the Sick

If you or someone you know is in danger of death from sickness or old age and wishes to receive the sacraments, please call our main number, 614-231-4509, and ask for a priest to be dispatched to your location.

If you call after hours, please use the same number and follow the prompts to reach a priest.

Liturgical Ministry	LC	Lector	Extraordinary Min	MC	Altar Servers	Hospitality	Communion Visits
Sun, March 16th 8:30am	Yvonne Moyer	Eric VanBuskirk (1) John Thiel (2)	Chloe Johnston Cheryl Rushman Matthew Klingler Phil Petrosky (sub requested)	Luke Allwein	Francesco Allwein Benjamin Doenges Thomas Ryan	Rebecca Jackson Nathan Murphy Tina Allwein Jim Wolfe (sub requested)	<b>Group 1</b> Chloe Johnston
Sun, March 16th 11:00am	Paul Wills	Nancy Page (1) Anthony Bennett (2)	Beth Henney, Nick Perry, Brealie Caridi, Ijeoma Nnani, Bobbi Snyder, Megan Ryan, Gary Allwein, Pam Rice	Jude Horn	Samuel Bennett Andrew Horn Allie Roscoe	Barbara Murphy Giana Coleman John Page	<b>Group 2</b> Elyse Salisbury
Sun, March 16th 5:00pm	Rita Hoyt	Jamie Must (1) Jillian Reeb (2)	Jenni Remeis Wendy Currier	Jack Goodwin	Bennett Davis Andy Ramirez Miguel Zamaripa	Megan Walker Matt Plank Scott Remeis Johnean Goodwin	<b>Bickford</b> Ted Sapp

# OUR SANDWICH CREW NEEDS YOU!

*“Christ has no body but yours, No hands, No feet on earth but yours...”*



Our parish provides sandwiches and snacks for Holy Family Soup Kitchen each week to share with our brothers and sisters on the streets and those who are marginally housed. The number is increasing daily!

We can use more help with this ministry. You can help by making sandwiches at home - it's a wonderful family ministry to do together! We deliver them to Holy Family Soup Kitchen each Wednesday.

This is a perfect opportunity to be the hands and feet of Christ and it is so needed.

**For more information on how you can help, email Lisa Reis at [lisareis06@gmail.com](mailto:lisareis06@gmail.com). It's easy and a gift that is so needed.**

*“Yours are the eyes with which He looks Compassion on this world, Yours are the feet with which he walks to do good, Yours are the hands with which he blesses all the world...”* St. Teresa of Avila



# LENT

## AT ST. CATHARINE

### **PRAYER, FASTING, ALMSGIVING**

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by giving alms, and to practice self-control through fasting.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to exercise self-discipline and fast in other ways throughout the season.

In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs."

### **WEEKLY CONFESSION TIMES**

Tuesdays • 7:30pm

Thursdays • 7:00pm

Saturdays • 9:00am

*Whether it's been three months, three years, or 30 years since your last Confession, **you can always begin again** and receive the healing mercy of Jesus.*

### **STATIONS OF THE CROSS**

*Fridays of Lent*

7:30pm

#### **Children's Stations of the Cross**

*Good Friday at 12:00pm in the Church*

*No evening Stations on Good Friday*

### **FASTING & ABSTINENCE**

Days of Fasting: Ash Wednesday and Good Friday (ages 18-59)

Days of Abstinence from meat: Every Friday

#### **How do we fast?**

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

#### **Am I excused from fasting and abstinence?**

Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women.